Lac Courte Oreilles Newspaper

Odaawaa Zaaga'iganing Babaamaajimoo-mazina'igan

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Notice Regarding Spring Runoff

A notice from the Emergengy Management, Housing Authority and Dept. of Public Works. Due to the deep frost and large amount of snow accumulation we can expect some seasonal spring runoff and potential for seasonal flooding this year. We have not had many warm days this winter to melt some of the accumulation of snow and frost levels are below 8 feet in some areas so the water will be forced to travel along the surface.

In order to prevent damage to property our offices would like to remind the public about some steps they can take to reduce the amount of damage to personal property.

Make sure your Sump pump is plugged in and operating properly. To test the sump pump just fill it with water until it turns on or manually trigger the float. If your sump pump is not working contact a local plumber or you're landlord.

If you have a lot of snow near your home or on your roof you should try removing it to a location that it will drain away from the home.

Check the ditches and culverts near your home to make sure the spring runoff will flow away.

Contact the tribal roads (634-0784), housing (634-2147) or public works (634-0345) if you think there is a concern or problem that should be addressed.

Remove your property off the basement floor to reduce potential for water damage.

Spring runoff will happen fast and if your home is near a water body you will need to keep an eye on it to address the situation. Sandbagging and other support methods may need to be used if the danger of flooding is there. Sawyer County Emergency Management office is available to help us with any assessments and deployment of resources if needed. We can't help if we are not aware of a potential flooding situation.

Over 300 Attend March 20th "Synthetic Drug Community Forum"

There were many outstanding presentations by local people. "Great Job!" to everyone involved in planning, setting up and shining some light on the drug problem in our community.

Deanna Baker Voted 2014 Honor the Earth Anishinaabekwe

The 41st Lac Courte Oreilles Honor The Earth Homecoming Celebration and Powwow is very honored to announce the 2014 Anishinaabekwe who will be recognized on poster, during the powwow and in our memories. Nearly 30 names were nominated and two rounds of voting occurred. The outcome is Deanna Baker of New Post. We welcome and encourage all family members and community members both far and wide to come and join us in celebrating this special recognition. Howah! Congratulations to Deanna Baker of New Post.

LCO Tribal Members Shatter Records in County Elections

Five LCO Ojibwe Indians garnered 1,181 votes in the Sawyer County and Hayward School Board election held recently on April 1st.

The Sawyer County Record declared in their headline story a victory for two of the tribal candidates as it was the first time in history of the 130 year old county in which multiple Ojibwe Indians had run for county office positions. Successful in their bids for county government were Brian Bisonette and Joel Valentin, who ran against non-Indian incumbents in the Town of Bass Lake. Bisonette defeated his foe by a 90 vote margin for a District 9 seat on the County Board while Valentin easy distanced two non-Indians for Town of Bass Lake supervisor.

Trina Starr gathered 614 votes in her second bid for a Hayward School Board membership, falling just 61 votes short in her campaign. Ojibwe Indians are a small demographic minority in the school district population and success would require a political cross-over in future elections.

Karen Breit fell just 34 votes short in her bid to unseat her opponent Ron Kinsley for a position on the County Board for District 13 (Hunter Township) and Valerie Barber lost by only twenty votes in her contest for County Board in Hayward District 5 as she ran as a "write in" candidate.

In an off year election, a handful of more tribal voters here and there could have made all the difference for the tribal candidates in the 2014 campaign.

The State of Wisconsin gerrymandered Sawyer County voting districts about one hundred years ago so that the Township of Reserve (LCO) was split up into five other townships, thereby making Indians a minority in each of those new five districts. LCO tribal members

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'CHS' Changes Name to 'Purchased and Referred Care'

Kristina Kuykendall
PRC Staff Member

Lac Courte Oreilles Health Center Purchase & Referral Care (PRC) has service offices on both levels of the LCO Heath Center. In the lower level, Neomi Corbine works mainly with incoming medical claims and billing. She can assist patients with questions and concerns about any medical billing that they may receive. In the upper level, located next to the dental office, is Kristina Kuykendall. She is the first point of contact for a medical referral. The LCO Health Center has made this division within the PRC office to better serve patients. Kristina's new location in the clinic provides a closer interaction with the medical staff and patients alike.

Services that will be covered by PRC are key factors to the referral process. A **Medical Referral** and a **Purchase Order** for services are two very different services. With the closer interaction between PRC and Medical staff, the LCO Health Center can help get patients information about their referral for outside services in a timely manner. The priority of patient need for outside services can be determined for coverage of PRC. In most cases this can be completed before the patient leaves from their LCO Health Center appointment.

Medical/dental care provided at the LCO Health Center is called **Direct Care**. The PRC Program is for medical/dental care provided outside of the LCO Health Center. PRC is not an entitlement program and an IHS referral does not imply the care will be paid. If IHS is requested to pay, then there will be eligibility and a determination process to see if services will be covered. A patient must meet the residency requirements, notification requirements, medical priority, and use of alternate resources. Please remember that a new referral is needed for each visit.

Also located in the upper level of the clinic, is the patient registration service. PRC must work directly with this department to determine the eligibility requirements mandated by the IHS.

It is crucial that this department has the most recent and up-to-date information regarding patients. Without this information in place, it is possible that a PRC request for coverage can be denied because of registration issues.

The PRC and all other department staff are available for questions at the main clinic number (715) 638-5102. PRC staff members can be reached directly at (715)638-5109 for Kristina and (715) 638-5129 for Neomi.

Diabetes Prevention and Education

Kristina Kuykendall
PRC Staff Member

The Diabetes Prevention and Education Program at the Lac Courte Oreilles Health Center is accredited by the American Association of Diabetes Educators (AADE). The accreditation process ensures that our clinic's program is meeting all of the national standards for diabetes self-management education and support. Our current accreditation runs from July 2013 through July 2017.

Diabetes self-management education and support helps each individual with diabetes learn how to better manage his/her diabetes to assist in preventing complications of diabetes and improving one's quality of life. Diabetes self-management education and support focuses on seven self-care areas: Healthy eating, Being active, Monitoring, Taking medication, Reducing risks, Problem solving, Healthy coping

The Lac Courte Oreilles Health Center offers both individual and group diabetes self-management education sessions. For questions about our programming, please contact: Sandy Zeznanski, Registered Dietitian and Certified Diabetes Educator at 715-638-5153; Tweed Shuman, RN, at 715-638-5173, Patty Subera, MS RN at 715-638-5179. To schedule appointments, please contact general scheduling at 715-638-5101.

Our health center uses a patient-centered team approach in caring for our clients. Your team members include the following: Primary care provider, Nursing staff with expertise in diabetes, Registered Dietitian, Pharmacy, Podiatry services, Dental services, Behavioral health staff, Community health staff, Other medical specialties as needed.

General recommendations for our clients with diabetes include the following: Schedule with primary care provider (typically every 3-6 months), Schedule/complete lab work as ordered by primary care provider, Glycemic control (A1c level) : checked every 3-6 months or as recommended by provider, Cardiovascular status/lipid panel : checked at least annually ; more often as ordered by provider, Kidney health : checked at least annually, Dilated eye exam or digital retinopathy: performed annually, Dental exam/dental care: every 6months (or every 12 months if edentate), Immunizations : per protocol, Foot care : comprehensive foot exam at diagnosis and annually, and a Visual inspection recommended to be self-performed by patient daily.

"Keep it Moving" Fit and Healthy

By LCO Health Center-Sandra Zeznanski, RD CSR CDE

The March 2014, "keep it moving" article focused on the benefits of physical activity. This month we will concentrate on the 2008 Physical Activity Guidelines for Americans. We will focus on types of exercise and the recommended amount of each type of exercise. The types of exercise include: cardiovascular, strength training and flexibility.

1. Cardiovascular exercise

Adults and older adults should do at least 150 minutes of moderate intensity aerobic physical activity. Aerobic exercise uses large muscle groups in rhythmic motions over a period of time. Cardiovascular workouts get your heart pumping and you may even feel a little short of breath. Examples of cardiovascular exercise include:Walking, Stair climbing, Swimming, Dancing, Bicycling, Tennis, Rowing, and Step aerobics. Aerobic activity should be performed in sessions of at least 10 minutes in length. For additional health benefits, older adults should increase physical activity to 300 minutes per week.

2. Strength training

Muscle strengthening activities involve major muscle groups. Strength training builds muscle through use of repetitive motion. It involves using weight or external resistance bands, free weights or machines. Examples of strength training exercises include: Use of

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Honor the Earth Meeting Minutes from April 9, 2014

Present: Cathy Begay, Willard Gouge' Jr., Lonnie Barber, Rusty Barber, Vernon Martin, Kristi Perry, Amber Marlow, Keenan Crone, Joshua Martin, Jonah Sullivan, Neuza Lynk, Marcy Gouge', James Martin, Bronson Kagigebi, Kayleigh Butler, Jacob White, Jessica Bunker, Darien Carley, Jenny Cadotte, Robert (illegible).

1. Voted two rounds on Anishinaabekwe-28 nominiees.
2. Tabled pageant until next meeting
3. Honor The Earth will honor former Anishinaabekwewag
4. Amber discussed the recycling-have 15 cans, 4 big permanent signs, youth have helped in previous years with recycling at the powwow. Amber will draft an announcement for MC to read periodically to improve recycling at the powwow. Also, food vendors will receive a $50 discount if certified green by LCO Extension.
5. Vendor coordinator-still looking for replacement. Neuza volunteered to help. She has his files. She stated Frank always wanted to spray paint spaces 12 feet wide. For safety and fairness.
6. Jingle Dress movie can be shown on Saturday-run all day at the LCO Schools. Cathy will solicit tribal entities and Rusty says to present to council if short of funds which will cost $5,000 for the movie.
7. Vote outcome for Anishinaabekwe.....Deanna Baker of New Post. Cathy will offer asema and let her know.
8. Vernon requested doing a Wounded Warrior Dance to combat alcohol and drugs.
9. Next meeting is Wednesday, April 16 in the Pete Larson room of the LCO Tribal Office.

2014 AIHEC From an Elder, Student Perspective

By LCOOCC Student and LCO Elder Daryl C. Coons, Jr.

For the 4th time, I have had the pleasure to again attend the American Indian Higher Education Consortium (AIHEC) as a student. This year's March 15-18th, 2014 gathering was held in Billings, MT. There were 17 Lac Courte Oreilles Ojibwa Community College students, along with 4 Faculty/Staff chaperones attending. All students were entered in various competitions. I attended as the coach, and a member of our archery team. I also entered a winter photo compilation display in the art competition.

We travelled to the event by coach bus, leaving LCOOCC at around 4:00pm, on Friday, the 14th, after a great travelling feast at the college. It was a great gathering. As well as family members, there were many faculty and staff members to see us off and wish us well. LCOOCC NAS Director, David Bisonette, offered words of wisdom and support, as well as giving a prayer for our safe travels and return.

We travelled straight through as a means to cut expenses. It was a long, but good trip. Travelling as a common group we got to meet and get acquainted.

Arriving around midday Saturday we eventually got our rooms after a slight hotel delay. After settling in with our things, we met at the Billings Holiday Inn Convention Center for the annual get acquainted T-Shirt Exchange and the Poetry Slam, sponsored by the AIHEC Student Congress. The Poetry Slam is a new event this year.

Through a series of presentations, the numbers in the slam were paired down from 28 participants to the final two, one being our own Will Strongheart. The Poetry Slam competition was challenging and interesting for the participants and for us, the attendees.

In between the four sets of presentations, the participants had to develop a new poetry presentation in just a matter of minutes. It was extremely interesting to see their abilities to meet this challenge. All presentations were appreciated and well received. Will took top honors. All that Will said was from the heart, from his own life experiences. His words had a huge impact on all in attendance. All that Will had to say, his presentations, left no question that Will was the top winner in this event.

The rest of the conference consisted of various competitions and conference workshops. Each day started out with keynote speakers. The first day's speaker was Tuff Harris (Crow/Northern Cheyenne), who was a former NFL football player, followed in succeeding days by Richard B. William (Lakota), former CEO American Indian College Fund, and the last day with Leonard L. Haynes III, Ph.D., who is the Senior Director, Institutional Service Office Postsecondary Education for the U.S. Department of Education. All have extensive and interesting backgrounds. Their words were inspirational.

All students entered into one competition, or another. Awards were won and recognition received. Even a birthday was celebrated. Winners for LCOOCC were:

William "Billy" Johnson, First Place for Best Screen Writing & Art Plot Video, for his video on making canoes.

Tiffany Meltone, Toger Mustache, and Winona Ojanen, 2nd Place in the Science Bowl, Todd Brier-Coach.

Katrina Derschan, First Place in the Informative Speech Competition, and 2nd Place in the AIHEC Powwow, for Women's Dance Competition.

Chantelle Morris, Second Place in Persuasive Speech.

Dan Gurske, was honored as a recipient of the Coca-Cola Scholarship with a 1st Generation Scholarship grant due to his school work and having a 4.0-GPA.

Will Strongheart, besides winning the TCJ/AIHEC Poetry Slam, Will also recieved a TCJ/AIHEC certificate for Honorable Mention: Poetry for Creative Writing Award.

Unfortunately, the archery team did not place. Though we made a

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One Photo, Five Generations

Pictured is Ione White, great great grandmother of Peyton, and mother of Iva Rasmusson, great grandmother, (pictured with baby Peyton) and mother of Ryan Bunker, grandfather and father of Nina Bunker, mother to Peyton.

Ayaadizookejig: Wintertime Storytelling

This is the time of year that water feasts should be held, with offerings given to the water spirits for use of the lakes and streams, according to Mille Lacs historian Sean Fahrlander, also known as Nisoasin (Three stone). These and other family rituals were common among most Ojibwe families throughout our region not so long ago. And they were not totally given up, as they continue today among some families.

Amikagaabow Larry Smallwood

Fahrlander shared a story about a mythic being who had to choose some qualities of character and these were revealed in the wolves that appeared in the hills above his wigwam.

"These stories are often heard at funerals as they tell us so much about our own history," he stated. The stories reaffirm our lives in ways that continue to connect us to our past, he added. Fahrlander told the several dozen people in the audience that there were so many old stories that the people couldn't 'unravel' all of the accounts in a person's lifetime.

There was a being who was half spirit and half man who had remarkable strengths, wisdom, and mystic abilities; but he also had personal failings, being at times mischievous, foolish, and humorous. Wenabozho taught us everything we know. Fahrlander shared several stories about Wenabozho that he learned as a youngster from his uncle and other significant Ojibwe spiritual leaders like Tom Stillday, Raining Boyd, and Oona Kingbird.

One story was about an Ojibwe warrior who sacrificed himself to save his starving village, even to the point of fighting Misaabe, a huge giant from northern Minnesota. Eventually Misaabe swung his chimookomaan down at the little warrior and instead of stabbing him, the giant slashed his own ankle. Misaabe was proud of the little Ojibwe warrior and told him that from now on, he would give his own 'blood' as a life nourishment each year for the Ojibwe people.

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Leonard D. Belille Sr.

Sept 26, 1961 - April 12, 2014

Leonard D. Belille Sr., age 52 of Couderay, died Saturday, April 12, 2014, at his home.

Leonard David Belille was born September 26, 1961 in Chicago, the son of David "Studie" Belille and Carmen Emery. He grew up in Chicago before moving to the Hayward area. Leonard was united in marriage to Marian Potack on September 22, 1995 at LCO. He worked at Cunningham Movers in Chicago and worked as a security officer at LCO Casino.

He is survived by his wife Marian Sr.; daughters Melissa (Carmen) Belille, Marian Belille Jr., Doreen Belille, Echo Belille, Alexis Belille; sons Leonard Belille Jr., Dwayne Belille; many grandchildren; siblings Corvin (Marcia) Emery, Karen Emery, Jack Emery, Tara Belille, Richard Emery, Dean Emery, Paula Emery, Cheryl Ann (Randy) Alexander, David Belille, Jean Marie Belille; many nephews, nieces and cousins.

Leonard was preceded in death by his parents Carmen (Don) Emery and David "Studie" Belille, brother Dwayne and uncle Gene Emery.

Honorary bearers will be David Belille, Richard Denn, Corvin Emery, Dean Emery, Jack Emery, Richard Emery, Edwin Kakazu, Jeff Kakazu, Keith Kakazu and Ed Potack.

Casket bearers will be Doreen Belille, Dwayne Belille, Echo Belille, Leonard Belille Jr., Marian Belille Jr. and Melissa Belille.

The Funeral Service will be held at 11:00 a.m. on Thursday, April 17 at Pineview Funeral Service in Hayward. Father Gregory Hopefl will officiate. Burial will be in St. Francis Cemetery in Reserve. Visitation will be held beginning at 5:00 p.m. on Wednesday, April 16 at the funeral home.

Ricky "Beanie" Allen Barber

Febuary 21,1959-March 24, 2014

Ricky A. "Beanie" Barber, age 55 of LCO, died Monday, March 24, 2014 at his home surrounded by his loving family.

Ricky Allen "Beanie" Barber was born February 21, 1959 in Hayward, WI, the son of Russell "Buck" and Ethel "Wob" (Nayquonabe) Barber. He attended and graduated from LCO School then attended iron working school in Chicago. Beanie was a Traditional Ojibwa Artist, tanning deer hides. He was married to Cathy Begay for 10 years, had one daughter Bitsy and he helped raised Cathy's children. Beanie was a chef at various restaurants, the most recent was LCO Casino and was the Champion Frybread winner at Honor the Earth Powwow. He was a 1st Degree Midewiwin. Beanie was an avid hunter, spear fisherman, rice gatherer and enjoyed spending time with his grandchildren.

He is survived by his sons John Andersen, Bahe Begay; daughters Cathy "Bitsy" Barber, Lucie Andersen; nine grandchildren; brothers Russell "Rusty" Barber, Thomas Barber, Dan Barber and Terry (Linda) Barber; sisters Debbie Beers, Dowie Barber, Melanie (Larry) Barber; many nephews and nieces.

He was preceded in death by his parents; son Daniel Andersen; infant sister; grandparents William Barber, Ollie Benton, Johnson Nayquonabe, Mary Frogg; niece Miranda.

Midewiwin Funeral Rites will held beginning with a feast at 11:00 a.m. on Thursday, March 27, 2014 at Big Drum Dance Lodge in LCO. Lee Staples will officiate. Burial will be in Round Lake Cemetery in Round Lake. Visitation will begin at 5:00 p.m. on Wednesday, March 26 at The Big Drum Dance Lodge.

Honorary casket bearers will be Ron Bean, Mic Belille, Steve Carlson, Mike Coupe, Mike Montano, George Morrow Jr., Robert Radke, Steve Thayer and Paul Wade Jr.

Casket Bearers will be Ananggoo Inini Barber, Derek Barber, Bahe Begay, Bryce Crone, Terrance Manuelito, Wynn Merrill, Will Rice and Jeffrey Taylor.

Rose Tainter

Zhaangweshi

June 28,1939-April 12, 2014

Rose Tainter, age 74 of Couderay, died Saturday, April 12, 2014 at St. Mary's Medical Center in Duluth in Duluth.

Obaashiing ingii-nitaawigi'igoo iwidi Miskwaagamiiwi-zaaga'igan-ishkoniganing. Gaawiin memwech aakoziiwigamigong ingii-ondaadizisiin. Mii go niinawind gakina nimisenyag mii gaye nisayenyag nishiimeyag ingii-ondaadizimin endaayaang. Ningii-midaachimin. Naanan gwiiwizensag, naanan ikwezensag. Gaawiin bezhig nimisenh ningii-gikenimaasiin. Mewinzha gii-kiiwe. Gii-izhinikaazo Irene. Gaawiin ingii-gikenimaasiin ezhinikaazod anishinaabemowin.

Mii go apane gii-Anishinaabemoyaan, igaye ingii-pagadinigoosiimin izhaayaan anama'ewigamigong. Nimamaa gii-ikido eta go waabishkiiwed izhaa anama'e-wigamigong. Gii-niizhtana niizhwaaso-biboonagiziyaan, ningii-pi-maajaa gii-izhaayaan Gakaabikaang. Ningii-ando-anokii. Ningii-ayaawaa bezhig gwiiwizens. Nimaamaa ogii-kanawenimaan gii-pi-izhaayaan Gakaabikaang. Mii imaa gii-nagishkawag gaa-onaabemiyaan. Niizh ikwezwensag ingii-ayaawaanaanig bezhig gaye gwiiwizens.

Honeywell gii-anokii ninaabem. Nisimidana daso-biboon gii-anokii imaa. Gaye niin dash ningii-anokii endazhi-ozhibii'igaadegin mazina'iganan. Niizhtana ashi niizh daso-biboon ingii-anokii imaa. "InstantWeb" mii imaa gii-anokiiyaan.

Nitam ninaabem gii-ishkwaa-anokii imaa Honeywell. Imaa 1997, ingii-pi-kozimin imaa Odaawaa-zaaga'iganiing. Mii dash gii-nagishkawag Waawaakeyaash. Mii imaa gii-wiidookawag Ojibwemowin. Imaa 2000, ingii-paakaakonaamin Waadookodaading Ojibwemowini-gikinoo'amaadiiwigamigong Odaawaa-zaaga'iganiing wayeshkad gii-inendaagwak.

Gaa-ako-midaaso-biboonagak ningii-gikinoo'amaage, ningii-inaakonige, ningii-ozhitoon enaabadak, miinawaa ningii-wiidookawaan gekinoo'amaagenijin imaa. Mii sa 'i.

Rose was born June 28, 1939 Ponemah, MN, the daughter of Henry and Helen (Jones) Greenleaf. Ponemah is where I was raised. It wasn't really necessary for us to be born in a hospital. All of us were born at home, my brothers and sisters and my younger siblings. There were 10 of us. Five boys and five girls. One sister I don't remember. She went home a long time ago. Her name was Irene. I didn't know her Indian name.

All of us talked Ojibwe all the time. Also we weren't allowed to go to church. My mother said only the white people go to church. All of us had Indian names. We also had English names.

I was 27 years old when I left home. I went to Minneapolis. I went looking for work. I had one son, Michael Greenleaf. My mother kept him for me when I went to Minneapolis. That's where I met my husband, Kenneth Tainter. We had two girls, Laurie & Dorothy and one son, Arthur.

Honeywell is where my husband worked. He worked there for 30 years. I worked at a printing company. I worked there for 22 years. The name of the company was InstantWeb.

First my husband retired from Honeywell. In 1997, we moved to LCO. That is where I met Keller Paap. That's where I helped him with Ojibwe, 2000 is when we founded Waadookoodaading. And the rest is history.

She is survived by her daughters Laurie Tainter, Dorothy (Raul) Aguilar Sr.; six grandchildren; 6 great grandchildren; brother Dempsey Greenleaf; sister Anna Gibb.

Rose was preceded in death by her parents; husband Kenneth; sons Michael & Arthur; brothers & sisters.

Tribal Funeral Rites will be held at 5:00 p.m. on Monday, April 14 at Pineview Funeral Service in Hayward, Thursday, April 17 at 10:00 a.m. at The Boys and Girls Club in Ponemah, MN. Visitation will be held beginning at 7:00 p.m. on Tuesday at The Boys and Girls Club in Ponemah. Burial will be in Ponemah Cemetery in Ponemah.

Honorary Casket Bearers will be Raul Aguilar Sr., Raul Aguilar Jr., Frank Tainter and Leland Whitefeather.

Casket Bearers will be Liopoldo Aguilar, Romulo Aguilar, David Bowen Jr., Leslie Gibbs, Archie Greenleaf, Gary Greenleaf, Patrick Greenleaf and Aaron Weitzel.

Read Current Obituaries and Search Archives Online at lco-nsn.gov

G.L.I.F.W.C. Attends Spearers' Meeting at Lac Courte Oreilles

From left, Ben Michaels, Mark Luehring, Jennifer Burnette, Joe Dan Rose

ENAKAMIGIZID IKO A'AW ANISHINAABE ZAAGIBAGAANIG

What ANISHINAABE Does in the Spring Time

Gaa-anishinaabemod: Obizaan—Lee Staples
Gaa-anishinaabewibii'ang: Ombishkebines—Chato Gonzalez

Megwaa omaa nanaamadabiyaan waabamag a'aw goon ningizod ani-ayaabawaag miinawaa ani-gikendamaan da-baakaakwasing inow zaaga'iganiin. Mii omaa ani-mikwendamaan gaa-izhichigewaad iko o'ow apiitak gaa-nitawigi'ijig.

While I am sitting here watching the snow melt as the weather gets warmer knowing the lakes are starting to open, I remember what those old people who raised me did at this time of the year.

Mii iw gii-asigisidoowaad odayi'iimaaniwaa. Gaawiin eta-go wiinawaa gii-izhichigesiiwag. Mii-go gaye dibishkoo inow odinawemaaganiwaan gaa-izhichigenid. Mii imaa bebezhig inow biizikiganan gii-agwapinaawaad inow asemaan. Mii imaa gii-maamawi-dakobidoowaad odayi'iimaaniwaan ingiw besho enawendaasojig. Maagizhaa bezhig i'iw agwapijigan, mii i'iw ani-dagosijigaadenig besho enawendaasojig odayi'iimaaniwaan, maagizhaa gaye a'aw inini, owiiwan biinish gaye inow oniijaanisiwaan odayi'iimaaniwaan. Mii dash a'aw asemaa miinawaa wiisiniwin atoowaad. Mii dash i'iw epagizondamawindwaa ingiw Manidoog nibiikaang eyaajig. Mii dash azhigwa gaa-ni-giizhi-zagaswe'idiing, mii dash iwidi zaaga'iganiing o-atoowaad ingiw ikwewag gaa-maamawi-agwapijigaadenig. Odagwapinaawaan inow asiniin imaa gashkipijiganan weweni dash iniw odayi'iimaaniwaan da-gonzaabiimagadinig imaa zaaga'iganiing.

They collected an item of their own clothing. They were not the only ones who did that. Their close relatives also did the same. To each item of clothing they attached tobacco. Each family tied their clothing together in one bundle. A family's bundle may consist of a man, his wife, and their children's clothing. They would then put their offering of tobacco and food. The food and tobacco is offered to the Manidoog in the waters. After the feast is over the women take the bundles of clothing over to the lake. They tie rocks to the bundles to make sure the clothing would sink to the bottom of the lake.

Mii dash a'aw Anishinaabe gaa-onji-izhichiged o'ow akeyaa gii-inendang weweni imaa da-ininamawaad inow Manidoon imaa nibiikaang eyaanijin inow asemaan, wiisiniwin, miinawaa odayi'iimaaniwaan, mii dash gaa-inendang a'aw Anishinaabe; mii ingiw Manidoog da-debisewendamoog weweni i'iw akeyaa da-doodawindwaa. Gaawiin awashime da-misawendamawaasiwaawaan inow odanishinaabemiwaan. Gaawiin da-mamawaasiwaawaan inow Anishinaaben obimaadiziwinini gaawiin dash imaa Anishinaabe da-dapinesiin imaa nibiikaang. Mii-go iw da-debisewendamowaad gaa-izhi-ina'oonigowaad inow Anishinaaben, gaawiin dash da-mamawaasiwaawaan obimaadiziwiniwaa odanishinaabemiwaan.

The reason why Anishinaabe did this was they thought if they gave their offering of tobacco, food, and clothing to the Manidoog in the water, Anishinaabe believed that the Manidoog would be content with this offering being made to them. They would not want more from their Anishinaabe. They would not take the Anishinaabe's life, and Anishinaabe would not lose their life in the water. They would be content with what the Anishinaabe has given them, therefore not taking the life of the Anishinaabe.

Mii omaa gaye ge-nandodamaagengiban weweni da-ni-maajiiging imaa zaaga'iganiing ziibiing ge-aabajitood a'aw Anishinaabe. Anaakanashkoon miinawaa i'iw mashkiki wendinang a'aw Anishinaabe.

What can also be asked for at this time is that all those things that grow in the water be plentiful that Anishinaabe uses. That is where Anishinaabe gets their bulrushes and their medicines.

Mii imaa gaye ge-ni-gagwedwepan nebowa iniw giigoonyan da-ayaanid imaa zaaga'iganiing ziibiing miinawaa da-baatayiinadinig i'iw manoomin da-wawaanijitood a'aw Anishinaabe ge-miijid.

Anishinaabe can also request that they have a lot of fish in the lakes and

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Waadookodaading School Teaches Sugar Maple Processing

LCO Waadookodaading Students learn the art of maple sugar processing.

Elementary school students maneuvered their way around well-trodden snow trails deep in a hardwood forest on the southwest corner of the LCO Reservation. Morning rays of sun poured through tree tops into the Sugar Camp, as students hustled along narrow paths pushing big sleds filled with chopped firewood and utensils. They also tended to the care of the younger students.

The chatter of conversation filled the air all around, but this was different – it was all conducted in Ojibwe. Forty-five students and a brace of adult educators were all absorbed in dialogue, teachers giving instructions and students visiting with one another about their snowshoes, their work, and their siblings at home.

Students were well-behaved, deeply engaged in their assigned tasks, working together in small teams. Firewood, already chopped and stacked next to a muddy logging road, had to be carried uphill to the camp. Students loaded it into big ice fishing sleds and push/pulled them along the snow trails into the camps.

"Noogishkaan omaa," stated a teacher to one of the boys as he pushed the loaded sled next to the stacked pile of firewood. She praised another student who finished unloading the firewood onto the stack, "Giawiingez."

The wood is essential to keep fires going for longer than a week, almost around the clock, to boil the sap in huge five foot metal trays. Students had to haul in all the equipment to camp. They worked together, like a busy ant colony, with the same determination.

Kellar Paap called all the students together to get them organized. "Gakina awiya omaa bi-izhaag jiigishkodeng!" he repeated. His voice boomed and students hustled to gather in a circle around the fire.

A small girl said a prayer by the central fire, holding assema in her hand. When she finished, she placed the tobacco into the fire. Then Kellar made assignments, specifying that students work in groups of three. As they left the gathering, older students worked with a kindergarten and second grade student collecting sap out of containers attached to large maple trees.

An older student mentioned to another as they went about their assignments, "Wiidookaw ingiw eya'aansihjig."

Then they moved along narrow paths to the next tree. Teachers spread out among the thicket of trees guiding student work and encouragement. An older student said to one of her little students, "Gidaa-asaa a'aw akik omaa."

David Bisonette, LCOOCC Native Studies faculty, brought some of his students to the sugar camp. He extended use of the camp to Waadookodaading School for their education field laboratory. Opportunities for tribal sugar camp field work is greatly aided by David's generosity. He instructed his college students as they circled around the pathways intersecting the grove of maple trees.

The main fire in the center of the camp will heat the collected sap to a boil. The raw sap is stored in large barrels and needs processing as soon as possible. The boiling is tedious, taking hours and hours of time. Once the sap is boiling, it needs to be carefully monitored through huge billows of steam.

Many lessons in life are taught to young people in a maple sugar bush camp. Seventy-five years after world renown anthropologists studied the LCO Ojibwe traditional life in the Signor area the same custom ways are being continued nearby.

Miigwetch to All Who Voted!

Valerie Barber

This letter carries a big "miigwetch" to all of you who took the time and trouble to vote for me as a write-in candidate for the Sawyer County Board of Supervisors' fifth district representative. We'll get there next time!

We very much need representation from the Lac Courte Oreilles tribe on this Sawyer County Supervisory board. Issues such as zoning and the maintenance of our roads within the boundaries of our reservation are huge concerns for all of us. Looking at this as a teacher, having tribal members on the local government boards will teach our children that it is possible to have a voice in the county government that we have never had before. I think our being there will generate more interest in learning how this local government functions, how it affects us, and how we can change things for the betterment of all of us.

I look forward to the next local election, and will ask your help petitioning to get my name on the ballot, no more write-ins for us!

Joel Valentin

At this time I would like to thank everyone for their vote and support in the April 1st town of Bass Lake election.

As a new board supervisor for the township I am truly excited to help bring positive change to the town of Bass Lake

I have lived in Bass Lake most of my life and it is my hope that with the help of the other town board supervisors I will be able to make some changes in the best interest of all. I will do my very best to make sure that every Bass Lake resident has a voice.

Again thank you for your support,

Joel Valentin

Trina Starr

I'd like to thank everyone for their support, efforts, and vote. Although it was a close race and we were off by 62 votes; there will always be a next time. I say if we don't try we can't succeed, so when we fall we learn how to get right back up and do it better! Some personal thank you's to Lynette Tribble,Sean Farlander, Sharon Starr (mom), DeAnn Martin (grandmother), Dawn Starr (sister), Billy Martin (uncle), Lonnie Barber, Rick St.Germaine, Dianne Sullivan, and so many more to name for their outstanding efforts in Getting Out The Vote from their monetary contributions, poll watching, drivers to the polls, and rocking the vote by encouraging everyone to vote. I was very happy to hear about everyone voting, those who don't normally vote, and first time voters - proud of you all for exercising your right to vote because it did count. I'm so blessed to have so many wonderful people in my life and live in a community full of support - thank you all very much!

Brian Bisonette

I would like to take this opportunity to convey my sincere appreciation for all the support that was provided to all our LCO community member candidates whom ran for County, Town and School Supervisory positions. Their willingness to participate in the political arena is admirable and indicative of a bright future for all residents of Lac Courte Oreilles and Sawyer County.

As the newly elected District #9 County Board Representative, I am committed to earning or retaining your confidence to the best of my abilities. This is an exciting time and I look forward to the challenge!

spring time from page 5

rivers, and also to have plenty of wild rice to eat.

Mii-ko gaye gaa-izhichigewaad imaa, mii iw giishkiga'waawaad inow giizhikaandagoon. Mii dash imaa gii-padakishimaawaad jiigayi'ii endaawaad. Mii dash iwidi wanakoowid a'aw mitig gii-agoonaawaad inow miigwanan miinawaa inow zenibaan. Ishke dash gaa-ikidod a'aw Gete-anishinaabe; bimi-ayaawaad ingiw binesiwag da-waabamaawaan niibawinid inow mitigoon, mii dash imaa da-gikenimaawaad Anishinaaben endaanijin. Mii dash iw da-bimi-ayaawaad weweni. Gaawiin da-niiskaadasinoon.

What they also did at that time was go out and cut a cedar tree. They would stand it near their house. They would then attach a feather and ribbons

continued on page 11

Debra K. DeMarr Remembrance at the LCO Health Center

Top left in white Whitney Miller, Betty Dust, Gregg Duffek, Barb LaRush and Casey Hanlon.

To the Debbie DeMarr Family:

"I just want to say a few words to express the Health Center's appreciation for the many years of dedication that Debbie has spent with us."

Though I didn't have a chance to work with Debbie as long as the other employees present here today, I found her to be a very pleasant, and a hard worker that understood the importance of job quality and customer service. When I first arrived here and visited with Deb she told me what her job was, welcomed me and visited with me very openly. I appreciated this time with her and when I was out shopping back home, I came across a Brewers coffee mug I thought was cool looking so I purchased it and gave it to Deb for her collection. I didn't even know if she was a Brewers fan, but it did not matter.

"Debbie had spent 21 years with us, having been hired back in 1993, and in that time she has distinguished herself with her diligence, humor, and friendliness in the workplace. Her work in the Behavior Health department has resulted in a very organized and approachable reception area which I hope inspires others in what can be achieved. Of course, she will also be remembered for the everyday things she did while here, such as her very friendly openness and ability to maintain the strictest of confidentiality for this very sensitive area.

"Debbie's parting will leave an empty spot in the Health Center. While she has put in place some amazing ideas that will remain with us, it will be a challenge to fill that void. Nonetheless, when I look around at the faces in this room, I see other talented people and a great team culture growing throughout the Clinic (of which Debbie was a part) and no doubt we will be able to carry on and care for the members of the LCO Community just like Deb would have wanted us to."

I give my heartfelt condolences to all her family present with us today (I am honored to have you here today) and send prayers for your loss along with ours.

Please accept on behalf of the LCO Health Center staff, this plaque, with our appreciation and gratitude for being blessed with the opportunity to work alongside Deb; she will be remembered.

Respectfully,
Gregg W. Duffek,
Health Director

LCO Students Meet Astronaut John Herrington in Ashland

Jacob Isham, Brandon Corbine, Trenton Quagon, Commander John Herrington and Wendy Torstenson

Lac Courte Oreilles students traveled to Northland College in Ashland, WI to meet Astronaut John Herrington.

Jacob Isham, Brandon Corbine, and Trenton Quagon traveled to Northland College with High School Science teacher, Wendy Torstenson, to listen to and meet the first Native American to walk in space, Commander John Herrington. Commander Herrington shared his experience as an astronaut through video and still pictures. Herrington is from the Chickasaw Nation. When meeting Herrington, all three students shook his hand and received an autographed poster along with words of encouragement to continue learning in science and math.

LCO Ojibwe School Honor Roll

The staff at the LCO Ojibwe School is proud to announce the 2013-14 Third Quarter Honor Roll:

ELEMENTARY- 1st Grade: Winona Baker, Sean Beaulieu, Aniyah Cross, Charles Grover, Evan Heath, Bryan Miller, Aimee Sweats 2nd Grade: Michael Baker, Davien Belille, Quincy Billyboy, Timothy DeBrot, Jasmine Lynk, Adam Martin, Quintin Miller, Kevin Thayer, Charles Wade-Smith 3rd Grade: Matthew Baker, Jada Balber, Kyra Beaulieu, Wesley Bird, Lareina Clause, Aubrey Conger-Fowler, Avianna Cooper, Nikaya Corbine, Spirit Boy Decora, Caden Grover, Savanah Larson, Savannah Quaderer, Ameesio Sharlow, Quintin Thomas, Mahto Wade, Melvin White 4th Grade: Andreanna Acosta, Kaylissa Baker, Joseph Balber-Benjamin, Nathen Belille, Neah Billyboy, Woody Bird, Evangia Butler, Maurice Corbine, Nevaeh Cross, Nadine Lynk, Alexa McNabb, Davion Neweiashe, Hunter O'Shogay, Emma Revak, Chyla Thayer 5th Grade: Delile Barber, Destiny Corbine, Rian Fleming, Sabrina Hudson, Destiny Kingfisher, Jayden Martin, Lynsey Martin, Nicos Oben.

MIDDLE SCHOOL-Maria Acosta, Rayna Abeita, Bethany Carley, Shaylena Corbine, Arthur Fleming, Lindsay DeNasha, Mary Dust, Leon Guibord, Cheyenne Hudson, Feather Jack, Alyssa LaRush, Savion Miller, Aiyana Perry.

HIGH SCHOOL- Casandra Carley, Tyra Collins, Arianna Crone, Shannon Jack, Billy Jack Parent, Rosendo Parent, Shania Pringle, Ravenheart Quagon, Kevin Stevens, James White.

Planning for the Head Start and Early Head Start Programming

LCO Head Start and Early Head Start are looking ahead and planning for our next program year. The 2014-15 program calendar has not been finalized yet, but is expected to begin in late August.

If your child will be three years old by September 1, 2014, he or she may be eligible for Head Start. Early Head Start accepts children from birth to three years old (before September 1.) Our Home-based program is for children birth to three years old who may not be ready for the Center setting yet. During weekly visits, the Home-based teachers will support you and your child.

Our Mission-"It is the Lac Courte Oreilles Head Start and Early Head Start mission to offer comprehensive services to each enrolled child and family, while creating individualized learning experiences that promote success, cooperation skills, independence and pride in our culture as an Anishinaabe Person".

Our Goal-"To bring about a greater degree of social competence. Social competence takes into account the interrelatedness of cognitive, intellectual and social development, physical, mental health and nutritional needs".

Our Philosophy-"Children, parents and teachers are the foundation of building tomorrow's great leaders. We value parents as our children's first teachers and will work hand-hand to make a difference".

If you would like to learn more about our program, applications for either Head Start or Early Head Start can be picked up at our Center. Our address is 8837 N Trepania Road. If you have any questions about Head Start, please contact Dianne Sharlow or Dave Wilson. For questions about Early Head Start contact Laurie Bernier or Dolores Belile. Our phone number is 715-634-7262.

Roamin' Rez Resource Center "On The Road Again"

If you see the RV in any community and you have a preschool child whom you would like to receive free books and activities for, feel free to jump on and sign up! For those families that are currently enrolled...We can't wait to see you again!

We visit each community weekly!

Monday- Gurno Lake, Six Mile, Tiger Musky, New Post, Radisson, Couderay, Signor and Potato Rd.

Tuesday- Makwa Drive, Bacon Strip, Bacon Square, Giiwedin, Popple Town, School House, Akiickingdawg and Boulevard.

Wednesday- Dry Town, Water Tower, Skunawong, Reserve, K-Town, and Round Lake.

For more information contact the Lac Courte Oreilles Ojibwa School- Elaine DeBrot or Tonia Cody 715-634-8924 ext. 1261

LCO Ojibwe School Raises Funds for "Pennies for a Cure"

A total of $1,172.68 was raised by the students and staff of the Lac Courte Oreilles Ojibwe and Waadookodaading Schools in a recent "PENNIES FOR A CURE" drive. Shown here are the students in Mrs. Brenda Wisner's Fifth Grade class that raised the top amount for the entire school ($285.54). They earned a $50.00 cash prize for a party for the class.

There is a special prize for the Pre-K class (Ms. Marchant), Kindergarten classes (Ms. Donaghue and Ms. Wergeland) as they raised a close $226.63. Other groups that won top honors include 8th Graders with $51.26, Sophomore class with $86.75, and Waadookodaading Pre-K and Kindergarten with $46.33.

"It is so heartwarming to see all the students and staff involved in such a worthwhile project", states Sue Taylor, project coordinator. A special Miigwech goes out to Linda Tennis, Terry Barber, Penny Beaulieu, Shannon Quaderer, and the staff at the LCO Federal Credit Union for all their help in transporting money and counting it for us.

Pictured L-R (back row): Lynsey Martin, Jayden Martin, Sunrise Wade, Sabrina Hudson, Ms. Wisner (teacher), and Rian Fleming. L-R (middle row): Destiny Kingfisher, Elizabeth Coffman, Nicos Oben, Destiny Corbine, Delila Barber, and Madelyn Miller. F-R (front row): Sage Stands-Christensen, Tyson Radermacher, Korey Smith, and Elijah Grover

Stride Academy Visits The LCO Boy's & Girls Club

Students from the Stride Academy visit the LCO Boys & Girls Club of Lac Courte Oreilles.

Creativity is the Word of the Day at the Potter's Shed in Shell Lake

Attending with their art instructor, Brenda Wisner and Gifted and Talented Director/ Teacher, Laurene Taylor. Creativity was the word for the day as thirteen Gifted and Talented art students tried their hand at creating a suncatcher at the Shell Lake Potter's Shed. Under the directions of Mary Kay, the students chose glass pieces to make various designs. Students also went in search of the "Fairy Doors" throughout the facility.

Pictured (Back Row L-R) is Jayden Martin, Cali Perry, Aiyana Perry, Esperanza Yanez and Lynsey Martin. (Front Row L-R) Neah Billyboy, Alexa McNabb, Nevaeh Cross, Kylee Brabbs, Andreanna Acosta, Delila Barber, Destiny Corbine, and Destiny Kingfisher.

LCO School has a new phone system effective immediately. The phone number remains the same 715.634.8924. All extension numbers remain the same; HOWEVER, place a number 1 in front.

Example, to reach Principal Craig Euneau, dial 715.634.8924 ext. 1229, *or*

Dial #1 to reach the High School office

Dial #2 to reach the Middle School office

Dial #3 to reach the Elementary School office

Dial #4 to reach the Waadookodaading office

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Upcoming and exciting don't-miss events:

April 16th-21st Easter Break, Easter Dinner 16th noon dismissal

April 30th Ziigwan Showcase 1 p.m.

April 30th Parent-Teacher Conferences 4-7 p.m.

May 2nd Honoring Life Powwow

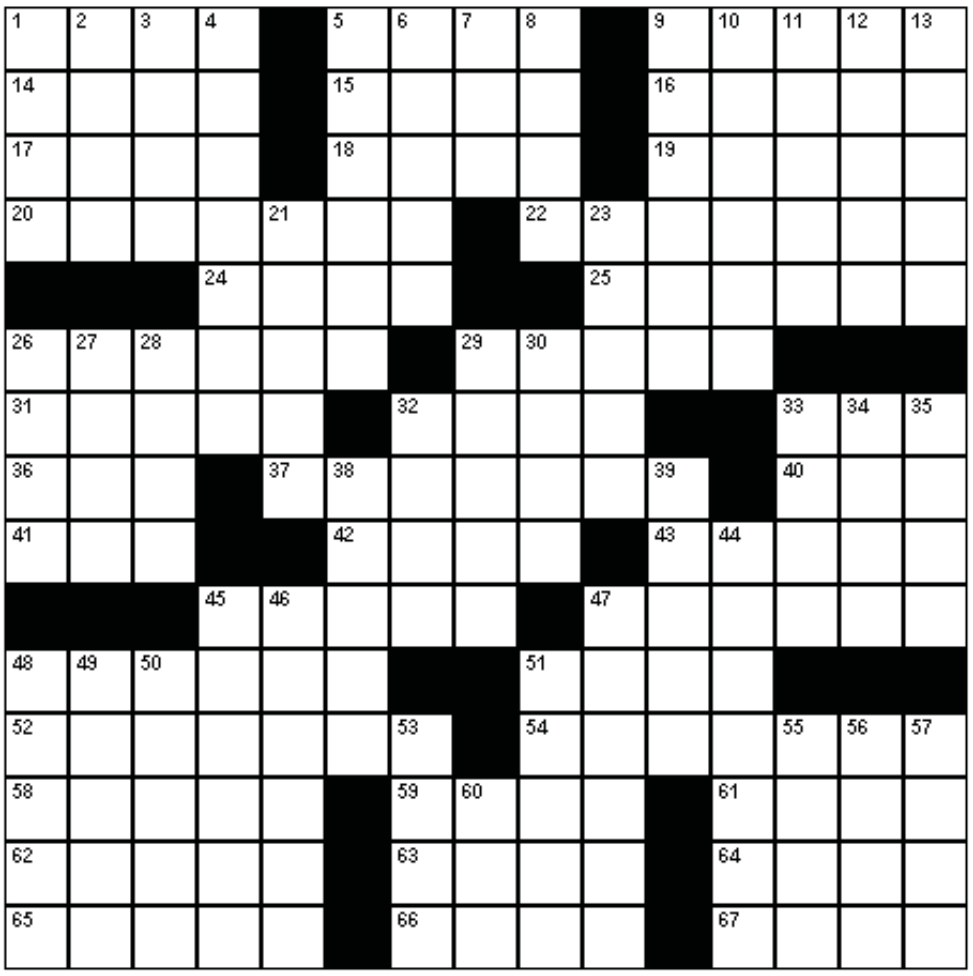
May 12th American Indian Day – no school

May 26th Memorial Day – no school

May 27th Senior Graduation – no school for students

May 30th Kindergarten Graduation and 8th Grade Promotion

May 30th Community schools all graduates celebration powwow



Across
1. Consider
5. Beginning on
9. As ___ resort
14. Edison's middle name
15. Plunge head-first
16. ___ Domingo
17. Lively dance
18. Meat dish
19. Sum
20. City in W central Israel
22. Coiled
24. "Titanic" heroine
25. Hunting dog
26. Walk with long steps
29. Designer Simpson
31. Frog sound
32. Now ___ me down...
33. 1959 Kingston Trio hit
36. Assist
37. Initially
40. Electric fish
41. Shad delicacy
42. Broccoli ___ (leafy vegetable)
43. Despised
45. Port-au-Prince is its capital
47. Picture theater
48. Soak up
51. Singer k.d.
52. Bring back into stock
54. Debating
58. ___ nous
59. About, in memos
61. Lecherous look
62. Follow, as advice
63. Staying power
64. Met highlight
65. Curt
66. Freudian topics
67. Tear

Down
1. Slender missile
2. Gen. Robert ___
3. Daredevil Knievel
4. Swampfever
5. Counsel
6. Sift
7. Eggs
8. Thick fabric
9. Stellar
10. Taoism founder
11. The opposition
12. Stagnant
13. Apartment sign
21. Russian liquor
23. Follows orders
26. Operation memento
27. Small combo
28. Took the train
29. Excuse
30. Challenge
32. ___ first you don't...
33. Allot
34. Abound
35. "Betsy's Wedding" star
38. Clan
39. Inanimate object
44. Bony
45. Strong aversion
46. Fervent
47. Fondle
48. Regions
49. Long hard seat
50. ___ voce (softly)
51. Key ___
53. Rub the wrong way
55. Able was ___...
56. Dresden denial
57. Alum
60. Not pos.

keep it moving from page 2

fee weights(dumbbells, kettlebells), Exercise machines(cable and pulley machines), Resistance bands, Squats, sit ups, push ups, Strength training should involve moving all muscle groups 2-3 days per week.

3. Flexibility

Flexibility exercises improve joint range of motion and function. These exercises can be stationary or involve movement. Examples of flexibility exercises include: Yoga, Tai Chi, Pilates

Flexibility exercises should be done 2-3 days per week.

election from page 1

have never expressed interest in serving in county government since 1915, until this year.

County and township supervisors make vital decisions that affect the lives of the estimated three thousand Ojibwe Indians living in Sawyer County and a handful of tribal members said this year for the first time: "Enough is enough...it's time we get involved in making decisions that will benefit our people."

The candidates are already planning the next round of county-wide election.

LCO Welcome Home Mary!

Mary Corbine was welcomed home with a party held at the LCO Tribal Office March 15, 2014

Chippewa Federation Meeting Held March 20th at LCO

L-R Fred Tribble, Tom Maulson, Mike Tribble and LCO Chairman Mic Isham at the March 20th, 2014 Chippewa Federation Meeting at LCO.

LCO COMMUNITY HEALTH CENTER

ELDER CARE CLINIC

Our mission at the LCO Elder Care Clinic is to provide, *by appointment,* **quality medical care to our Elders while addressing their unique health care issues and concerns, in a facility with their comfort and convenience in mind.**

Our hours of operation are
MONDAYS-TUESDAYS-THURSDAYS-FRIDAYS
8:00am to 4:30pm

Our goal is to see our scheduled patients as soon as possible. However there will be times when you will have to wait. Although we are not a walk in clinic, we will make every effort to accommodate our walk in patients *when our schedule allows* **us to do so. Foremost, we must occasionally see patients that have an emergent situation or immediate need** *before* **someone that has been waiting longer.**

We realize that it is difficult when your loved one is sick and in need of medical attention. We will take you to the exam room as soon as possible. Please inform the front desk if your condition changes, or if you have been waiting more than 20 minutes for your appointment.

A friendly reminder of the importance of updating every 30 days, even if there have been no changes, it is each patient's responsibility as well as bringing in their insurance cards/tribal id's and all medications they are taking to each appointment. This will speed up the medical treatment process.

spring time from page 7

at the top of the tree. This is what the old Anishinaabe said; when the thunder-beings would go by they would see the tree standing there. They would know that Anishinaabe lived in that home and go by in a good way. It would not storm.

Ishke gaye a'aw mindimooyenyiban gaa-nitawigi'id, mii imaa ani-zaagibagaanig ishkodewaaboo miinawaa asemaan gii-asaad imaa ziibiing biindaakoonaad inow Manidoon imaa eyaanijin nibiikaang. Ishke dash mii inow Manidoon gaa-apenimojin da-naadamaagod mino-ayaawin da-miinigoowizid oniigaaniiming. Ishke dash a'aw menidoowaadizid a'aw Anishinaabe nenaandawi'iwed, mii a'aw gaa-wiindamaagod da-izhichiged i'iw akeyaa. Mii dash apane gaa-izhichiged a'aw mindimooyenh gii-ni-aabawaanig gii-ni-zaagibagaanig.

That old lady who raised me also put tobacco and whiskey into the river each spring making her offering to that Manidoo in the water. This was the Manidoo she relied on to give her good health in her future. It was an Indian who was gifted and a healer that had told her to do that. That old lady did that every spring when it got warm.

Mii gaye apii zaagibagaanig ani-aabajichigaazowaad Manidoo-dewe'iganag omaa ishkoniganing. Ashi-bezhig omaa ayaawag. Ishke dash omaa ani-baakishimindwaa ingiw Manidoo-dewe'iganag nebowa a'aw Anishinaabe inow odasemaan, wiisiniwin, miinawaa bagijigan, mii iw etamawaawaad inow Manidoon miinawaa epagizonjigaadenig iwidi enabinid apii ani-baakishimimindwaa iniw Manidoo-dewe'iganan.

Every spring the ceremonial drums are used here on this reservation. There are eleven of them. As each ceremonial drum is used, there is a huge offering of tobacco, food, and blankets that they put for those Manidoo whenever they are used.

Ishke dash mii imaa apii ingiw akiwenziiyibaneg ani-gaagiigidowaad apii apagizonjigaadenig etood a'aw Anishinaabe nanaandogeng nebowa da-ayaamagadinig gaa-miinigoowizid a'aw Anishinaabe da-inanjiged wenjida imaa bagwaj imaa maajiiging biinish gaye giigoonyan miinawaa manoomin miinawaa inow awesiinyan gaa-miinigod inow Manidoon da-inanjiged a'aw Anishinaabe.

It is at that time that those old men would talk and offer the blankets, food, and tobacco to the Manidoo asking that Anishinaabe have plenty to eat in particular, that which grows in the wild, like the fish, wild rice, and the animals that were given to the Anishinaabe by the Manidoog to eat.

Mii-ko apii ani-zaagibagaag aanind a'aw Anishinaabe agoodoowaad inow obiizikaaganiwaan imaa bagwaj maagizhaa imaa mitigong. Mii gaye a'aw Anishinaabe akawe imaa weweni inow asemaan miinawaa wiisiniwin atood. Ishke dash gaa-onji-agoodoowaad inow odayi'iimaaniwaan; gego imaa da-bi-izhaamagasinini aakoziwin imaa gii-kabeshiwaad. Mii imaa

elder perspective from page 3

great attempt.

In the past we have won first place, taken third place twice, and second place for an individual member. Billy Johnson, who got a score of 100 at last year's 2013 AIHEC archery competition, more than doubled his score this year by attaining a score of 222, to be the high scorer for LCOOCC. This year's top winner had a score of 327. Potential high score is 480. So, Billy is well on his way to do extremely well next year!

And, the birthday boy, Roger Mustache, again received a small, personal birthday cake (hint: cupcake) with a candle, from his classmates at the end of the awards banquet. All his classmates sang the traditional birthday song to Roger. We'll have to make sure Roger doesn't begin to think these events are set just for his birthday.

Will Strongheart being elected to the position of AIHEC Student Congress-Great Lakes Representative topped off the end of the celebration. With his compassion and soul, we know we can expect great representation and showing from Will. Thank you Will for taking on this important challenge. We all support you and are willing to help you in any way we can. What a great honor.

On the home trip, we stopped at the Little Bighorn Battlefield for a brief tour. We had a chance to tour the museum, and to walk around the main battlefield area. The site was both inspirational and thought provoking for all.

In our travels to the Little Big Horn Battlefield, and due to what was a fortunate wrong turn, we had the opportunity to travel through the Crow Indian Reservation and the Cheyenne Indian Reservation. Territory wise, this wrong turn was a more picturesque route, and gave us the chance to view area reservation conditions as we passed through Busby, Lame Deer, and Colstrip, MT. Needless to say, it was eye opening to some of our fellow travelers.

We finally got home to LCO, arriving at the college in the late morning on Thursday, the 20th, after another long tiring trip.

The 2015 AIHEC meeting will be held in Albuquerque, NM, and the 2016

AIHEC meeting will be held in the Twin Cities area, at the Minneapolis Convention Center. LCOOCC will be one of the many co-hosts for the 2016 meeting. We expect it to be a great event, a great showing. We are looking forward to the 2016 event, and are already in the process of making plans for this event to be as great as we can make it.

As an LCOOCC Non-traditional Student, in that I am an Elder, I have come to really appreciate the opportunity to attend the AIHEC event. Competition is exciting and challenging. It is very inspirational to see the work and passion that our students, and all students put into their participation in the various events. This is an event I would not miss. At a past AIHEC event I was recognized as 'Student of the Year' from LCOOCC. So, obviously, I have a soft spot for this event.

For me, this was another great trip. I had the chance to re-connect with old AIHEC friends and acquaintances...a great Native gathering tradition.

LCOOCC students were able to follow and support the Fond du Lac tribe in their participation in the Hand Drums Games. Our LCOOCC students are excited about developing a team here at LCOOCC for future AIHEC competition and other events.I was able to make contact with Fond du Lac's Hand Drum Team Captain, and look forward to further talks with him. Interestingly, he was my archery competition partner this year, and someone I have known from past AIHEC meetings. So, we expect new, great things from LCOOCC students for future events.

If at all possible, I will never miss going.

spring time continued

obiizikiganiwaan gii-noogishkaajigaadenig i'iw aakoziwin.

It is also in the springtime that Anishinaabe would hang their clothing out in the woods on a tree. They would also put tobacco and food at this time. The reason why they would hang their cloths was to keep the illnesses away from their dwellings. It is then that the sickness would stop at their clothing.

Attention:
Tribal Elders 55 +

Do you have any questions about your Benefits? Come to the Elder Center!

If you have questions about your Medicare or Medicaid, Social Security or other Legal Benefits, stop in and see Racquel Bell, our Tribal Benefit Specialist:

- Tuesday, April 22 10:00 am – 2:00 pm
- Tuesday, April 29 10:00 am – 2:00 pm
- Tuesday, May 6 10:00 am – 2:00 pm
- Tuesday, May 13 10:00 am – 2:00 pm

Racquel Bell, Tribal Elder Benefit Specialist from Great Lakes Inter-Tribal Council, Inc. will be at the LCO Elder Center in Reserve to answer any questions or concerns with you about these important topics.

To schedule a private appointment
please call Racquel Bell 800-472-7207 Ext. 166
Walk-ins are welcome

'Ojibwe Java' Opens Location at the C-2 Spur Building

Located on the corner of HWY B & K connected to the C2 Spur.

Our hours are 7AM-7PM 7 days a week. We had our grand opening on March 8th and it was a great day. We have Jacqueline DeNasha, Monique Delcampo, James White, Keshia Chino, Kathy Smith, and manager Lydia DeNasha here at your service!

Now that we have been opened for a month, a lot has changed since we first opened. We now have our amazing bar stool tables and chairs, inventory shelf, a couple new items on the menu, and in the process of having comfortable furniture in the corner to relax and enjoy a cup of joe! There is a lot of things that we are in the process of making happen and we are excited. Iced drinks are a big thing that we are moving towards and hope to do a spring fling with iced drinks! Another exciting thing that we are doing is hanging up local artist's masterpieces and doing consignment with them. This way we are decorating our coffee shop, and helping our artist's get noticed.

Since we are the "Honor the Earth" tribe, we are making great strides to make that a pride of ours. We are using Eco-friendly cups for our coffee drinks and our coffee from Duluth Coffee Company is all organic! We plan on having dinnerware to reduce the amount of plastic and paper that we waste to save our earth.

This month, we are having our April Specials which include our medium Turtle Latte or "mikinaak" latte priced the same as our small at $3.35. Also we have our any medium drink and supreme muffin combo just for $4.50! It's great and we are hoping to see a lot more regulars come through and give us a try.

Thanks!,
Lydia DeNasha

Ayaadizookejig from page 3

This is how the maple tree got its name – Ininaatig, or Man Tree.

Amikagaabow, Mille Lacs spiritual leader, heard Wenabozho stories as a youngster many years ago. He told a series of interconnected Wenabozho stories first in Ojibwe and later in English. Amik pantomimed or acted out each story with expressive detail, even laying on the floor several times to animate Wenabozho's actions.

"Wenabozho stories are told in the evening after tobacco is given," he began. They are teachings – lessons about human frailties, like honesty/dishonesty, good/conniving, and they have lots of humor. It would take a lifetime to tell them all, he continued.

Amik also explained that the old way of telling them involved scatological humor (which anthropologists asserted was prevalent in world native cultures as a rejection of old taboos).

Wenabozho saw a distant guy across a lake waving at him, so he waved back. The man wouldn't stop waving, so Wenabozho kept waving back. After several hours passed Wenabozho thought to himself, "Nobody can outlast me, I'm Wenabozho," so he continued waving. Soon, October passed and the two still waved at each other, determined to withstand all the harsh conditions of weather to prove to the other that each was stronger than the other. The cold weather of December didn't deter Wenabozho, who shivered through the arctic blasts.

Finally, when the month of March ended, the guy on the other side of the lake gave up by falling over. Greatly pleased with his own endurance, Wenabozho walked over to strut over the other guy's corpse. But when he arrived on the far side of the lake, he only found an old tree trunk that had tipped over and a branch resembling a waving arm jutting from its side.

Wenabozho was very hungry and the only thing he could find was a moose carcass that had been completely stripped of all its meat, but the skeleton, hide and antlers still remained intact. Wenabozho crawled up inside of the carcass from its backside to get some meat left near its throat. He got stuck inside the moose carcass and despite many attempts to get himself out, could not squeeze himself free from the dead animal. Bumping into trees and tripping over rocks, he finally made his way down to the lake. Looking to the other side he saw a place on shore where he could wedge himself out, so he began a long swim to the other side. In the middle of the lake he could hear 'ting,' 'ting,' 'ting.' Some Indians were shooting arrows at the swimming moose and the arrows tinged off the huge antlers. "Ting,' 'ting,' 'ting.' Finally, on the other side, he squirmed and squirmed until he broke free from the moose carcass. The Indians stood there greatly puzzled.

Feeling somewhat foolish, Wenabozho laughed at the Indians and said to them, "Ha ha, I was just fooling you."

Many of the audience members wondered aloud when another evening storytelling session could be held. The event was sponsored by LCOOCC and hosted by Jason Schlender.

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