



USDA Celebrates Partnership With Native Americans in Wisconsin

USDA HAYWARD, Wis., Nov. 10, 2015 – U.S. Department of Agriculture (USDA) Rural Development State Director, Stan Gruszynski today highlighted USDA's active partnership with Native American tribes in Wisconsin.

"I am proud to highlight USDA's work to support Native American communities," Gruszynski said. "USDA offers a variety of housing and community facilities programs to help address some of the education and health care needs of the Lac Courte Oreilles Band of Lake Superior Chippewa Indians and for Native Americans

a \$168,000 USDA Tribal College Initiative Grant to expand the Station. The improvements will provide better post-harvest handling of produce and add a commercial/educational kitchen for community use. The Station trains students and other community members in sustainable agricultural practices that improve access to healthy, nutritious food.

During his visit here today, Gruszynski also met with the Tribal Chairman Michael J. Isham, Jr. and leaders of the Lac Courte Oreilles Tribe to discuss the community's needs and their plans to address them. Chairman Isham commented,



LCO Chairman "Mic" Isham and LCO Housing Authority Director Mark Montano accept \$289,000 grant from Stan Gruszynski, Director of the Wisconsin State USDA Rural Development. The grant is to be used to help strengthen our capacity to provide affordable housing and spur regional economic development. Ask about Self-Help Housing at the LCO Housing Authority

elsewhere in the nation."

Gruszynski visited the campus of the Lac Courte Oreilles Ojibwa Tribal Community College in Hayward to tour the Sustainable Agriculture Research Station. In September, the College received

"The Tribes and USDA are a good example of how a Federal or State agency should work together. Through multiple USDA/Tribal consultations the agency developed a good understanding of tribal issues and priorities.

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President Obama Proclaims November as National Native American Heritage Month



American Indians and Alaska Natives enrich every aspect of our country. As the first to live on this land, Native Americans and their traditions and values inspired -- and continue to inspire -- the ideals of self-governance and determination that are the framework of our Nation. This month, we recognize the contributions made by Native Americans since long before our founding, and we resolve to continue the work of strengthening government-to-government ties with tribal nations and expanding possibility for all.

Native Americans have helped make America what it is today. As we reflect on our history, we must acknowledge the unfortunate chapters of violence, discrimination, and deprivation that went on for far too long, as well as the effects of injustices that continue to be felt. While we cannot undo the pain and tragedy of the past, we can set out together to forge a brighter future of progress and hope across Indian Country and the entire American landscape.

Since I took office, I have worked with tribal leaders to write a new chapter in our nation-to-nation relationship. Ensuring young people have every opportunity to succeed is a critical aspect of our work together, and this year my Administration hosted the inaugural White House Tribal Youth Gathering following the

launch of Generation Indigenous -- an initiative aimed at improving the lives of Native youth and empowering the next generation of Native leaders. We will also host the seventh White House Tribal Nations Conference later this year, bringing together leaders of 567 tribes to explore opportunities for progress, with a particular focus on young people. As part of our agenda for providing Native youth the chance to realize their fullest potential, I have engaged tribal communities in a range of critical areas, and we have worked together to boost high school graduation rates and afford young people more chances to pursue higher education, employment, and professional development opportunities. We're also working to expand access to health and counseling services essential to ensuring youth feel safe and heard.

My Administration has continued to partner with tribes to address vital gaps in resources for Indian Country, including equipping communities with broadband, rebuilding infrastructure, spurring economic growth, and increasing renewable energy. To confront the peril of a changing climate, we are also working with tribal leaders across America to develop effective approaches to protecting our communities from this grave threat. And because we know that fostering pride in the languages, traditions, and practices that make up the extraordinary richness of Native American culture is central to our shared progress, my Administration

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remains committed to ensuring every community feels connected to the extraordinary legacies they are a part of.

This month, let us reaffirm our responsibility to ensure each generation is defined by a greater sense of opportunity than the last, and let us pledge to maintain our strong relationship with tribal nations across America. By keeping this commitment, and by endeavoring to shape a future in which every citizen has the chance to build a life worthy of their hopes and dreams, we can ensure that ours is a country that is true to our spirit and to our enduring promise as a land where all things are possible for all people.

NOW, THEREFORE, I,

BARACK OBAMA, President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim November 2015 as National Native American Heritage Month. I call upon all Americans to commemorate this month with appropriate programs and activities, and to celebrate November 27, 2015, as Native American Heritage Day.

IN WITNESS WHEREOF, I have hereunto set my hand this thirtieth day of October, in the year of our Lord two thousand fifteen, and of the Independence of the United States of America the two hundred and fortieth.

BARACK OBAMA

TGB Jason Schlender Update



of this whirlwind ride that I've been on since my life changed on June 20th, 2015. My creation story starts in June with the BIA-Partners in Action Conference in Wisconsin Dells. This conference was an essential starter for the newly elected officials because we had the opportunity to meet key BIA officials and also connect with other tribes to establish a network and begin a conversation about similar issues and feasible solutions that all tribes are dealing with.

Aabita-Niibino-giizis (July)

July started off with the Inauguration. The inauguration was a celebration of the simple fact that a large group of families are connected through blood, clans, culture, and language.

July 8- The first day at the office consisted of all the members taking a drug test. The results of my test showed that I had raised level of nicotine. That's funny to me because I'm not a cigarette smoker, but I do use my asemaa in ceremonial ways which is usually through the use of my opwaagan so that explains the raised level of nicotine.

July 11-13- I participated in

the GLIFWC Healing Circle Run (July 11-17) in which a core group of walkers and runners start at Pipestone Creek in LCO and travel to different Ojibwe bands in Wisconsin, Michigan, and Minnesota to promote solidarity and healing.

July 17-19- One of our gems is our traditional pow-wow and this year's Honor the Earth Celebration was the 42nd year that Lac Courte Oreilles was the destination for thousands of people. Miigwech to the pow-wow committee and all of the staff and volunteers for making sure that this event was a top notch event. Great music, dancing, humor, and education saturated the airwaves and the pow-wow grounds which always provides for great homecoming for all who attend.

July 21-22- Tribal Consultations, LCO, WI. The WI-Department of Transportation and also the Department of Justice met with different tribes from across the state.

July 23- LCOOCC Board of Regents, LCO, WI. I attended my first Board of Regents meeting.

Being that I was a former faculty and student at LCO Community College it was interesting to be in the meeting room from the perspective of the TGB. Right now they are currently on probation which neutralizes their ability to create new programs and is a real hindrance on their recruiting efforts. The enrollment is low, but I feel with their continued recruitment plan and the guidance of President Vertin that the burden will be lifted and more diversified classes will be offered in the future.

July 29- Mikwendaagoziwag, Sandy Lake, MN. The Tribal Governing Board wanted to make it a priority to attend the annual Mikwendaagoziwag ceremony in Sandy Lake, MN. A large group of Elders from LCO also attended this ceremony that begins with a 2 mile paddle across Sandy Lake and then followed by a feast, and

ceremony to commemorate the Sandy Lake Tragedy that took place in 1850. This ceremony is a celebration of survival and moment to give thanks to our ancestors for their struggle.

July 30- GLIFWC/TASKFORCE, Carlton, MN. This meeting centered on the impending closure of Mille Lacs Lake and many rice chiefs from different bands stated their concerns about manoomin. The bands are working together to follow through on plan to strengthen the walleye fishery in Mille Lacs and also a project to protect manoomin was initially started as well. Fred Kelly from Onigaming First Nations in Ontario was there to offer support in our efforts to protect manoomin.

MANOOMINIKE - GIIZIS (August)

August 3- Yackel Investiture, Hayward, WI. The month started with an invitation to the Investiture of Judge John Yackel. This was a great ceremony and I was glad to be there because it marked the continuation of the partnership between the tribe and Sawyer County. For years, many of our people were disenfranchised by the Sawyer County judicial system and now with Judge Yackel invested to carry out justice I think we will make progress towards our people gaining faith in justice and also being treated in a more just way.

August 5-6- Strategic Planning, LCO, WI. These sessions took place in the Kinnamon School. The Council was very appreciative of all of the input offered during these sessions. We continue to focus on maximizing our economic potential with all of our businesses, strengthening our educational institutions, and also continuing to seek and maintain consistent funding sources for our tribal programs.

August 12- Candidates in Training, Lac Du Flambeau, WI. I was asked to give a presentation

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in Lac Du Flambeau at the Candidates in Training Forum. I was asked to share my experience as candidate for tribal council and to share some of my strategies for running a campaign.

August 17-19, Tribal Enrollment Committee Conference, Green Bay, WI. This meeting was a training on enrollment committee selection, understanding federal policies that affect tribal enrollment.

August 24- LCO K-12 tribal school and Waadookodaading started school on the 24th. The TGB made it a priority once again to attend the Pole Raising ceremonies conducted at both schools. It's always great to start out the school year and every day with ceremony. Those poles represent a beacon for the manidoog when students and staff offer food and or asemaa. That is what makes LCO unique is the way the staff integrates culture into everyday activities at the school. When I was younger I attended LCO School in New Post and my vivid memory was starting everyday with the dewe'igan. That is crucial.

At Waadookodaading the School Board meets the second Wednesday of every month. The school is thriving as they started with a 6th grade classroom this year. Some of the focuses are health and recognizing the changes in the human body, but through the medium of instruction which is the Ojibwe Language.

The Tribal Governing Board ratified a resolution that declared that the Ojibwe Language is the official language of the tribe. This a step in dismantling the oppressive way many of us view ourselves as Anishinaabe people and how we value our language. This opens up avenues for funding and reconnects our historical worldview and will build pride in our people as we begin to use our language more freely.

August 28- Summer Gokey

Proclamation, LCO, WI. TGB recognized an incredible accomplishment of one of our own tribal citizens. Summer Gokey was raised in Lac Courte Oreilles and received her education on the reservation as well. She graduated from St. Scholastica with her teaching degree and she came back to teach at the LCO Tribal School. What a great accomplishment and what a great role model!

W A A T E B A G A A - G I I Z I S (September)

September 2-Strategic Planning, LCO, WI. These sessions took place in the Kinnamon building. The focus was on our tribal businesses. David Fleming presented different financial forecasts and we discussed future tribal business ventures. The tribe supports tribal entrepreneurship.

I was on medical leave for one week.

The following meetings were highlights of the month:

The Housing Authority was awarded \$800,000 for mold remediation. Once the funding comes in and the plans are implemented we will have 53 homes that will be fixed. That doesn't cover every house, but it's a start and that's moving us in a positive direction.

Some of the other meetings I attended were the Chippewa Federation meeting in Red Cliff, Indian Education Parent Advisory Committee, a meeting with tribal entrepreneur Gary Davis, and monthly meetings with WOJB and Waadookodaading. We are working on getting a new transmitter for the radio station and promoting the annual pledge drive at the radio station as well.

I attended employee appreciation events for the Casino and the LCO Health Center. Those were some great events and it's great to see the management show their appreciation for their collective staff. It builds cohesion, trust, morale and that ultimately produces a great work

environment.

September 20th, was a day that will stay in our minds for a long time. That was the day the four girls got lost in the woods in New Post. Miigwech to all of you that participated in the search, and also for those ones that offered to watch children so people could go out and search. The girls were found and relief blanketed our community. Shortly thereafter a feast was held four days after that event in the New Post Elderly Center. I was honored to conduct the feast on behalf of the community, but was even more pleased by the turnout by all the families in New Post. What a great night. I really want to thank those four girls for reminding all of us of the importance of family.

September 28- BIA site visit, LCO, WI. The BIA had an onsite visit with the Tribal Governing Board. As mentioned in other reports by the other council members, the tribe is currently under high risk status. The optimistic part as was relayed to us by the BIA representatives that LCO continues to make strides and with continued efforts to strengthen our fiscal it won't be long until the high risk status is lifted.

BINAAKWE-GIIZIS (October)

October was by far my busiest month and the most traveling that I have ever done.

October 1st was GLIFWC/ Taskforce in Red Cliff. One of the focuses was continuing the manoomin plan with Treaty 3 bands in Canada.

October 6-8 I was part of a tribal delegation that traveled to Sioux Narrows, Ontario to attend the Treaty 3 Summit. Our delegation brought two bagijiganan (bundles) and a pipe specifically made for the Treaty 3 leaders. The reason for our visit was to begin developing a traditional framework for the manoomin plan. The other reason was reestablish the connections

of the Anishinaabe Aki Protocol in which Treaty 3 bands exchange cultural knowledge for technical assistance from the bands affiliated with GLIFWC.

October 13-18, NIEA Conference, Portland, OR. The conference was great place to network with other schools and tribal governments. The benefits were technical assistance from experts in grant writing, curriculum development, and assessments.

October 22, Wausau, WI. This was the first Voigt Stipulation meeting between the tribes and the State of Wisconsin in a long time. The tensions were initially high because the tribes were successful in re-affirming their off-reservation night hunting treaty rights. Once again I observed meeting etiquette and protocol.

October 25th, LCO, WI. Night Hunting Training. This class was designed to educate tribal members on the regulations for night hunting off reservation. After the class there is a marksmanship test that takes place at night. Each hunter must get 8/10 shots in order to qualify. 19 people from different reservations participated. 10 hunters from Lac Courte Oreilles qualified.

October 27-29, Choctaw, MS. Office of Head Start Tribal Consultation. I provided testimony to the Office of Head Start on behalf of the tribal Head Start. Some of the issues raised were the lack of funding, space issues, cultural competency, and nutritional issues (traditional food usage).

I want to encourage our people to practice their treaty rights. Our ancestors thought of us when they signed those treaties so we could retain a land base and have access to land and resources so that we could survive. I love seeing that our people our outside harvesting fish, deer, and other animals

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and plants. Meanwhile, we must always remember to be respectful to those animals and plants because we need them to survive. All of these practices become traditions that are passed on from one generation to the next. As long as these practices remain intact then our families will not have to go without. I know some of our people were upset about the turkey allocations, but we have a limited resource. So when times are tough that's when our people need to utilize the resource. If you don't know how to hunt deer, spear fish or harvest edible plants and medicines in the forest that's the opportune time to use your asemaa and ask people for help. LCO has a plethora of skilled hunters and treaty practitioners and so I encourage those ones to reach and ask. Also remember that the much publicized Night Hunt started on November 1st and so we encourage our citizenship to get involved in this hunt as well. The hunt is highly regulated, but it's a giant step in affirming our sovereignty.

Lac Courte Oreilles was given an opportunity to represent Native people at the Native American Culture Night in Milwaukee on November 7th, 2015. During halftime of the Milwaukee Bucks and Brooklyn Nets members of

the HTE Powwow Royalty will perform. What a great honor for our young ones to represent our tribe during this event.

I also want to acknowledge the LCO Family and Child Education program (FACE) and the Migiziinsag drum as they prepare to travel to Dallas for a conference. Their work with our youth is valuable and necessary and also it's awesome that those boys that sing on the drum get an opportunity to share their music with the people.

In closing, I am truly honored to be in this position. A citizen asked me, "What do you like best about the job?" I like being in the position to affect change. Change is hard for many of us and for some of the citizenship there hasn't been enough. That is what motivates me. If any of you have any questions my door is always open and I'd love to have a conversation in hopes of answering those questions. We have many things going on here at Odaawaa Zaaga'iganiing...many great things! Miigwech to all of you for your efforts in whatever your endeavors may be. We are all Ambassadors of this great place...

Weweni go

Jason T. Schlender "Manidoo Noodin"

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These grants will help meet these priorities."

Gruszynski notified the Lac Courte Oreilles Housing Authority that USDA is awarding it a \$289,000 Mutual Self-Help Housing Technical Assistance grant to help strengthen its capacity to provide affordable housing opportunities. Gruszynski signed a certificate recognizing the Authority's efforts on the community's behalf.

The Housing Authority will use its Mutual Self-Help grant to help tribal members build 10 homes over the next two years. The Lac Courte Oreilles Band of Lake Superior Chippewa Indians is the first federally recognized Tribe in Wisconsin to receive a USDA Self-Help grant.

Under the Self-Help program, participants provide at least 65 percent of the construction labor on each other's homes, with technical assistance from the organization overseeing the project. This reduces the total cost of buying a home, allowing many people to own houses that otherwise would have been out of reach. If interested in participating in the program please contact LCO Housing Authority at 715-634-2147.

Nationally four other federally recognized Tribes are receiving funding through USDA's Mutual Self-Help program. The recipients are:

New Mexico: Zuni Housing Authority – \$279,000 grant to assist 12 low-income families of the Zuni Tribe build homes in McKinley County

North Carolina: North Carolina Indian Housing Authority – \$204,000 grant to provide technical assistance to the Lumbee and Tuscarora Tribes to build eight homes in Cumberland, Robeson and Hoke counties over two years

South Dakota: Thunder Valley Community Development Corporation – \$300,000 grant to serve western South Dakota and

the Lakota's of Pine Ridge Indian Reservation. Twelve homes will be built over a two-year period.

Washington: Spokane Indian Housing Authority – \$292,000 grant to provide technical and supervisory assistance to the Spokane Indian Tribe in Stevens County. Community members plan to build 11 homes.

Funding of each award announced today is contingent upon the recipient meeting the terms of the grant agreement.

Since the start of the Obama Administration, USDA has provided \$3.4 million for 13 self-help grants that have helped build nearly 200 homes in tribal communities.

Today's event in Wisconsin is another example of how USDA is celebrating National Native American Heritage Month this November. USDA is proud of its support of Tribal Nations and its work throughout Indian Country and Alaska.

USDA Rural Development's mission is to deliver programs in a way that will support increasing economic opportunity and improve the quality of life of rural residents. As the lead federal agency for rural development needs, USDA Rural Development can help rural communities and regions grow and prosper by offering a variety of financial and technical assistance programs that encourage the development of strong community and economic development strategies.

During this past year, USDA Rural Development's \$571 million investment in Wisconsin helped create or retain nearly 1,380 jobs, aided 3,600 families in buying their own homes and assisted more than 50 communities as they made improvements to their facilities, services and infrastructure.

Further information on USDA Rural Development is available at a local USDA Rural Development office or by visiting the web site at www.rd.usda.gov/wi.

UWEC Honoring Education Powwow



UWEC Honoring Education Powwow with the LCO Badgers, November 7, 2015

Minneapolis VA Hosts Town Hall in Rice Lake, Wisconsin September 30, 2015

by Renee Brown, Sawyer County CVSO

Veterans Corner, October 19, 2015

SAWYER COUNTY VETERAN SERVICE OFFICE

MONTH: OCTOBER 2015



The following is an article from the Minneapolis VA Newsletter (October 2015)

Minneapolis VA Hosts Town Hall in Rice Lake; Veterans Air Frustrations, Praise VA Staff

The meeting room in the back of the Rice Lake (WI) Veterans Center was packed on September 30 for the fifth VA Town Hall hosted by Minneapolis VA Health Care System in the past year.

About 35 Veterans and several spouses attended. Four county veterans service officers – Renee Brown of Sawyer County, Mike Haley of Chippewa Valley, Lisa Powers of Washburn County and Philip Landgraf of Barron County – and Jesse Garza, aide to Rep. Sean Duffy, were also present. The 90-minute meeting began with Rice Lake American Legion Commander Bill Coleman leading the group in the Pledge of Allegiance.

Attending from the Minneapolis VA were Chief of Staff Kent Crossley, MD, Associate Director Kurt Thielen, Chief Experience Officer David Miller, Nurse Executive Helen Pearlman, CBOC medical director Clyde Markon, MD. (Director Patrick Kelly was attending a national VA meeting in Washington, DC.)

Rice Lake Clinic staff Dr. Srinivas Chetty and Nurse Manager Elizabeth Boissy also attended.

The majority of Veterans' comments focused on difficulties with the Veterans Choice Program. Veterans shared stories of spending hours on the phone trying to get appointments. Others said that private Community clinics do not want to work with VA because the Choice Program is frustrating and complicated.

VA leaders acknowledged the program, which is administered by a third-party, has problems, many of which are out of the control of the Minneapolis VA. CVSOs said they would like training on Choice so they can help Veterans in their communities.

Another topic of discussion was the inability of Veterans to call directly into clinics to talk with their providers.

VA staff explained that the central Call Center had nurses available 24/7 to respond to questions. Dr. Markon noted that when he is practicing in clinic, it is difficult to break away from a patient to answer an outside phone call.

VA leaders remained after the Town Hall to respond to individual situations of patients. There was some good news for the future of Rice Lake clinic. Long range plans call for the clinic to offer audiology and other specialty services. A proposal has been submitted to VA Central Office in Washington. No timeline is set, according to Dr. Markon, but he indicated that the goal is to add services in FY2017. CVSOs and several Veterans praised the care they receive at the Rice Lake and Hayward community clinics.

VA Secretary Bob McDonald initiated the nationwide town halls at all VA medical centers in September 2014 as a way to gather feedback from veterans and their families, Minneapolis VA will hold its next Town Hall in Minneapolis in December 2015.

Previous town halls have been held in Rochester, Duluth and Minneapolis. The purpose is to hear directly from Veterans.

VA Offers Flu Shots

VA is encouraging all Veterans

to get the flu vaccination and also to get it as soon as the vaccination is available.

Additionally, the Department of Veterans Affairs (VA) and Walgreens are partnering to offer veterans free flu shots. Veterans who are currently enrolled in the VA Health Care System can visit their local Walgreens location to receive a free flu shot. You simply need to present your VA health care ID and one other form of photo ID. With your free flu shot,

Walgreens will also automatically update your VA health care records.

For additional information about this article, benefits, and/or to schedule an appointment, please call (715)-634-2770. As a reminder, every third Thursday of each month, our office holds outreach hours at Exeland Senior Center between 10 a.m. and noon, and also at the Winter American Legion between 1 p.m. and 3 p.m.

PFC Derek Taylor, Completes Training

PFC Derek Taylor, of Lac Courte Oreilles, WI, recently completed basic training at Marine Corps Recruit Depot, San Diego, CA. Taylor successfully completed 13 weeks of training designed to challenge new Marine recruits both physically and mentally. Proud parents are Susan and Brad Young of LCO. His grandparents are Louis D. Taylor, Sr. and Cynthia Taylor, both of LCO, and the late Donald and Gloria Jean Miller.

Taylor and his fellow recruits began their training each day at 5 a.m., by running three miles and performing calisthenics.



In addition to the physical conditioning program, Taylor spent numerous hours in classroom and field assignments, which included learning first

aid, uniform regulations, combat water survival, marksmanship, hand-to-hand combat and assorted weapons training. They performed close order drill and operated as a small infantry unit during field training.

Taylor also received instructions on the Marine Corps' core values ---honor, courage and commitment, and what the words mean in guiding personal and professional conduct. Taylor and fellow recruits ended the training phase with the Crucible, a 54 hour team effort and problem solving evolution. On graduation day, October 23, 2015, Taylor earned the rank of Private First Class and a Marksmanship Qualification Badge, Rifle Expert. After graduation from San Diego, he will be stationed at Camp Pendleton, CA for 29 days of combat training. He will begin additional training at Pensacola, FL in December.

Taylor is a 2010 graduate of Hayward High School. He is also a 2012 graduate of Lac Courte Oreilles Ojibwa Community College. In addition, he has held certification in Wildland Firefighting since 2012.

Congratulations Dale DeBrot



October 20th at the Lac Courte Oreilles Health Center, Dale DeBrot was honored at the Health Center staff meeting with a plaque recognizing his many years of service, dedication and outstanding work.



DALE DEBROT
CONGRATULATIONS
AND THANK YOU FOR
MANY YEARS OF
SERVICE!

On September 23, 2015, Dale DeBrot, R.T. (R), Director of Medical Imaging at the LCO Health Center, celebrated his 45th year as Radiologic Technologist.

Dale obtained his 2 year professional training at St. Mary's Medical Center School of Radiologic Technology in Duluth, Minnesota in 1970.

Dale was employed at several health facilities before returning back home to LCO in 1986. When he returned to LCO, he accepted a position as a staff technologist at the LCO Health Center. During his 33 years at the LCO Health Center, besides his position as an x-ray technologist, he worked in the Medical Records Department for 7 years. For three of those seven years, Dale was the Director of Medical Records.

Dale is a LCO Tribal member and a Vietnam Era Veteran. He would like to strongly encourage the LCO Youth today to finish school and go on to further their education...especially in the Health Sciences!

LCO Health Center Holiday Closures



Healthy Living With Diabetes Workshop

Mary Wolf and Carol Hamblin from the Lac Courte Oreilles Aging Unit will be leading a new workshop in partnership with Sandy Zeznanski from the Lac Courte Oreilles Community Health Center. This new opportunity is called "Healthy Living with Diabetes", a 6 week workshop proven to help people with diabetes better manage their condition. This workshop is recommended for the following adults: Adults with type 2 diabetes, Adults with pre-diabetes, and Adults living with someone who has diabetes.

The workshop will be held on Thursdays from 3:00 p.m – 5:30 p.m. beginning in October 2015 (with the exception of Thursday November 5th) and will be held at the Lac Courte Oreilles Community Health Center in the lower level conference room. Class dates for the initial series are as follows: Thursday October 8, 2015, Thursday October 29, 2015, Thursday October 15, 2015, Thursday November 12, 2015, Thursday October 22, 2015 and Thursday November 19, 2015

This workshop series is being offered free of charge including all class materials. Class materials include a textbook/workbook "Healthy Living with Chronic



Conditions-4th Edition", an audio relaxation CD entitled "Relaxation for Mind and Body" as well as additional tools and incentives. Light refreshments will be available as well. Workshop size is limited, so call soon to reserve your space in the first series!

Contact Carol Hamblin at 715-957-0076 to register for the workshop. For further questions, feel free to contact Mary Wolf at 715-957-0027, Carol Hamblin at 715-957-0076, or Sandy Zeznanski at 638-5153.

Scams, Protect Your Information

SCAMS
TARGET YOU
PROTECT YOURSELF

Scams aim to fool you into parting with your cash. You usually get nothing in return and lose your money. Scams are getting more sophisticated and difficult to spot so it's important to know what to look for. The LCO Health Center staff has been trained to keep an eye out for fraudulent activity to ensure the protection of our patient's information.

We recently received a phone call from a "pharmacy" that needed insurance information for a "mutual patient" they claimed we shared. Flags went up immediately with the staff member who then called the patient. The patient did receive a confusing phone call requesting the name of his/her Provider. We are taking measurable steps to protect our patient's privacy. Please do not give out any personal information. If you do receive a call, letter or email please contact us immediately; we will NEVER ask for personal information using any of these methods.

How to spot a scam: Scam is another word for fraud. It is when

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someone uses deceit or lies to get money, health insurance, SSN or something else of value out of another person. There are many other words used to describe fraud: con, swindle, extortion, sham, double-cross, hoax, cheat, ploy, ruse, hoodwink, confidence trick.

There are some signs that should set alarm bells ringing wherever you see them. Be wary if something sounds too good to be true, you're asked to give out personal or bank account information, you aren't given long to make a decision or you feel pressured into making one immediately, you're contacted unexpectedly by a company or person you have never heard of, by post, email, phone, text or on the doorstep, you're asked to pay anything up-front, the

only contact details are a mobile phone number and a PO box address, you're asked to provide your health information; Dr./ Provider's name, name of your health facility and/or phone number, your pharmacy, chart number, etc.,

Types of scams: The number of scams is growing all the time and they present themselves in a wide range of formats. Online scams and telephone scams are among the different types of scams that people come across every day. You should always be vigilant. Here at the LCO Health Center we will not provide ANY person or entity your personal information without your written consent. PLEASE CALL US IF YOU HAVE ANY QUESTIONS REGARDING THIS MATTER.

Medicare Open Enrollment Oct. 15 - Dec. 7

Open enrollment for Medicare plans for 2016 are October 15- December 7, 2015. This is the time that people enrolled in Medicare Part D prescription drug plans should look over the plan and see if it is still the best coverage for them. Some insurance companies may change the list of medications that they cover, or the way they cover your medication. Some may need pre- authorization before a medication is covered, some may have you try an alternative drug before the pay for the drug that is prescribed from your doctor. There also may be a limit to the amount of pills that you receive each month. Please take the time to review your part D plan each year.

People on Senior Care, Wisconsin's state drug plan are not affected by this open enrollment as this plan is renewed every 12 months. However if you are on Senior Care and your medications

have changed you might want to check the cost of a part D plan and see which plans is the better option for you.

Assistance with plan comparisons can be obtained through these resources:

1-800-MEDICARE or www.medicare.gov

Medigap helpline 1-800-242-1060

Disability Drug Helpline 1-800-926-4862 (if under age 60)

WI Medigap Prescription Drug Helpline 1-855-677-2783

Terrance Manuelito, Benefits Coordinator 715-957-0077

Racquel Bell, Tribal Benefits Specialist 715-588-1066

Mary Wolf, Aging Unit Director 715-957-0027

Lisa Ludwig, Tribal Disability Benefit Specialist 715-588-1078 (Lac du Flambeau)

MEDICARE		HEALTH INSURANCE	
1-800-MEDICARE (1-800-633-4227)			
NAME OF BENEFICIARY			
JANE DOE			
MEDICARE CLAIM NUMBER	SEX		
000-00-0000-A	FEMALE		
IS ENTITLED TO		EFFECTIVE DATE	
HOSPITAL (PART A)	(PART B)	07-01-1986	07-01-1986
SIGN HERE			

Medicare Basics for American Indian and Alaska Natives

Tips for Elders

Medicare is a federal health insurance program for people who are 65 or older, certain younger people with disabilities, and people with certain diseases.

Your Indian Health Service/Tribal/Urban health or Indian health provider, may help you apply for Medicare. If you use Medicare at your Indian health care provider, Medicare pays them. That saves money that can be used for other Indian health services.



Medicare Part A (Hospital Insurance). Part A helps pay for inpatient hospital stays, skilled nursing home care, hospice care, and some home health care.

Medicare Part B (Medical Insurance). Part B covers doctor visits, emergency room visits, lab tests, medical supplies, and more. Part B also covers 18 preventive services including: diabetes screening, glaucoma screening, tobacco use counseling, cancer screenings, a Welcome to Medicare visit, an annual wellness visit, flu shots, and more. Part B is optional, **but if you do not sign up when you are first eligible, you may have to pay a penalty later.**

Note: You can still use your Indian Health Provider or go to a non-Indian health care provider who takes Medicare. Your health care provider will bill Medicare for you.

Medicare Part C (Medicare Advantage Plans). Part C is called Medicare Advantage (MA) Plans. They are health plans approved by Medicare, and run by private health insurance companies. You must have both Medicare Part A and Part B to sign up for an MA Plan. You must usually get all of your care and tests from doctors, hospitals, and other places that are part of the MA Plan. The MA Plan replaces traditional Medicare and you use a separate insurance card. Ask your Indian Health Provider if an MA Plan is right for you.

Medicare Part D (Prescription Drug Coverage). Part D is a prescription drug plan. Medicare Prescription Drug Plans are approved by Medicare and are run by private health insurance companies. Part D plans help pay for prescription drugs. Elders should sign up for a plan that works with their regular Indian Health Pharmacy so they can use that plan there. Because the Indian Pharmacy can bill Medicare to get paid, there is usually no cost for the medicine if you use the Indian Pharmacy that works with your Part D plan.

PROTECT, DETECT, REPORT



Tips for Choosing a Plan

You get choices with Medicare, such as Medicare Advantage Plans and Prescription Drugs Plans.

Think about:

- The type of coverage you need.** Does the plan allow you to go to the doctors and hospitals you want? Does the drug plan cover your current medicines?
- The cost of the plan.** Prices are different. Compare costs. Find out if you can get help paying for the plan from your tribe or other sources.
- The location.** If you plan to use providers outside of the Indian Health System, are they close to your home? Can you go to your preferred pharmacy?

What will these insurance programs cost me? Medicare helps pay for your covered health care. When you use your Indian Health Provider, you should not pay any costs yourself (deductibles, coinsurance, or copayments). Some programs have monthly fees. If you have limited income there may be help paying costs. Contact your Indian Health Provider for information on the Extra Help or Medicare Savings Program. There may be other programs in your state or tribal community.

Important: If you do not sign up for Part B or Part D when first eligible, you may have to pay a penalty later.

Annual Benefits Check-Up

Your situation may change after you sign up for Medicare. Think about your health and insurance needs every year. The first plan you sign up for may not be the best plan forever.

You are not alone. Get help from family, the Medicare website, or your local State Health Insurance Assistance Program.

Note: Enrolling in Medicare doesn't take away your right to receive care from your Indian Health Provider. When you have Medicare and get covered services at your Indian hospital or clinic, Medicare helps pay. You help your Indian Health Provider and Community save money.

Are you Eligible?

Contact

Nikki Martin at 715-638-5100

Terrance Manuelito at 715-957-0077

ICD Block Grant Update

On September 21st the Tribe, on behalf of the Housing Authority, received a grant to begin addressing the mold issues plaguing our housing units. The grant will begin to assist Housing with addressing mold issues by providing remediation and preventative construction work on approximately 53 homes. There certainly exists more homes that need work but it is the intent of this grant to address the most severely documented mold conditions. We are preparing to begin the work but there are many steps that need to be taken first. We want to ensure that the money we are receiving is spent in the most efficient way possible and that the work is performed in a manner that will provide the best approach while being cost effective and have a lasting impact on the homes. The following is a short list of steps along with approximate timelines for each stage prior to actual work being performed;

Finalize and submit required grant documents 30 days

Solicit and Procure Architectural & Engineering 30 to 60 days

Develop plans and specifications

on work to be performed 30 to 90 days

Solicit, accept and award contracts for work to be performed 30 to 45 days

Work begins on homes (the time it will take is estimated to be 12 months but will be finalized after steps 3 and 4 are completed)

Based on the above timelines it is expected that work on the homes will not begin until January or February of 2016. The Housing Authority will be implementing procedures to ensure LCO Tribal Members will be afforded employment opportunities to the maximum extent possible. In addition, we are anticipating that the selected contractor(s) will be required to conduct a job fair to provide an opportunity for Tribal Members to show their interest in being employed.

We look forward to addressing the mold issues and will be reporting on the progress of the project in the coming months. It is also encouraged that interested people watch for public postings regarding contract work or employment opportunities, all of which will be occurring in the very near future.

LCO Tribal Police Department



L-R Dominic Ciatti, Raymond Young III, Twyllia Dailey, Brandon Sams, Jon Klecan, Matt Wojcik, Kayleigh Edley, Sean Anderson, Aaron DeBrot, Henry Bearheart, Amber O'Shea-Dorn and Chief Tim DeBrot. In front, Justice & Ferdo. Photo submission by Raine Lampert

Chairman Mic Isham Condemns Threats to Wisconsin's Environment

by Rick St. Germaine Nov 7, 2015



Chairman Mic Isham welcomed delegates in attendance at the Women's Water Symposium at the LCO Convention Center with a rousing speech that detailed corporate hazards to northern Wisconsin ecosystems.

"The President's veto of the Republican Congressional bill that now blocks the Keystone pipeline from endangering our waters and our lands is a very positive move," noted Isham, "but we in Wisconsin still have to deal with all of the deadly 800 oil pipeline leaks from the Enbridge pipeline that crosses our state lands."

The Enbridge oil pipelines cross LCO reservation lands, rushing through 560,000 barrels each day, making billions of dollars of profit for wealthy oilmen while the people who suffer from the frequent spills live in

poverty.

Isham also mentioned the temporary reprieve that was gained when G-Tac recently abandoned their open pit iron mining in the Penokee Hills near LCO. Again, corporate interests refused to address the pollution of the northern watershed and air while ignoring the damage to the waters and lands of the region.

He cited the contributions of the environmental activists who mobilized the Symposium as protectors of our lands, waters, and air.

The TGB honored Maryellen Baker with a citation and Indian blanket at the start of the Women's Water Symposium. Baker (coordinator of the event) was very moved by the recognition, as Rose Gokee wrapped her in the blanket.



Tribal Agreement With Ferrellgas

With the heating season upon us once again, the Lac Courte Oreilles Tribal Governing Board would like to remind our tribal members of a special program available to them through Ferrellgas. The Tribe has a service agreement with Ferrellgas where heating fuel is locked in at a fixed rate for the winter. The price for tribal members who sign up with Ferrellgas is \$1.299/gal. This price is valid through April 2016. If you are already a Ferrellgas customer, this price protection agreement is automatically

applied to your account. If you would like to switch to Ferrellgas, call them at 715-394-5563 to start service and inform them you are a tribal member. Please note, there may be costs associated with obtaining and placing a new tank. Tribal members living in Sawyer County are eligible; you can reside off the reservation to participate. Tribal employees also qualify for this special program. If you have any questions, contact Phyllis Kirchner at the Tribal Office, 715-634-8934.

GLIFWC Announces Night Hunt



Judge Crabb gives a go-ahead for a treaty night hunt in Wisconsin!

On October 13 Judge

Barbara Crabb issued an order in favor of a highly regulated night hunting opportunity for treaty hunters in Wisconsin's ceded territory. www.glifwc.org/Events/Night_Hunt.pdf

GLIFWC and its member tribes welcome the night hunt

as an additional opportunity for members to put meat on the table. However, the hunt also has strict requirements, including, but not limited to, taking an advanced hunter safety course, passing a marksmanship test at night, and completing a detailed site plan.

Dates and locations for taking the safety course and the marksmanship test will soon be posted at tribal registration stations. Regulations also will be available within the next few days on GLIFWC's website.

Attention Tribal Night Hunters

THOSE WHO INTEND TO PARTICIPATE IN UPCOMING CEDED TERRITORY NIGHT HUNTING

A NIGHT HUNTING PERMIT IS REQUIRED!

TO OBTAIN A PERMIT YOU MUST...

1) TAKE ADVANCED HUNTER SAFETY COURSE

(This is different from the regular hunter safety course.)

2) PASS A MARKSMANSHIP TEST

3) DEVELOP AND SUBMIT A SHOOTING PLAN

(Without a permit, you are likely to receive a citation.)

ANY QUESTIONS OR CONCERNS PLEASE

CONTACT GLIFWC PUBLIC INFORMATION OFFICE @ (715)

682-6619

LCO Casino Recognition-Romero Awards

by Randy Cadotte, Director of Marketing, LCO Casino

Boozhoo,

It is with great pleasure that I am able to announce that our property has recently been endowed with a Romero Award. We received a silver award for electronic marketing (our video email campaign) in the small to mid-size casino category.

The Romero Awards are a nationally and internationally renowned award that recognizes excellence in casino marketing. These awards are named after casino marketing pioneer and author John Romero. They honor those gaming operators and marketing teams who best fulfill the spirit of John's more than 45 year crusade for effective, measurable and accountable

casino marketing expenditures. They are awarded to those who can show the gaming industry how they have driven measurable casino revenue by dead-on planning, uncommon imagination and persuasive selling power.

Each year, a panel of expert judges, selects winners for their excellence in casino marketing... there were 117 nominations this year and LCO was identified as one of the select few winners!

I am extremely proud of our marketing team, that these casino marketing gurus recognized our marketing efforts.

GREAT JOB LCO!!!

Respectfully,

Randy

LCO VETERAN'S DAY CEREMONY



LCO Veteran's Day Ceremony was highlighted by a Flag and Veterans song by the LCO Ojibwe School Drum and Pipestone (George "Bud" Morrow, John Morrow, Ahsinees Larson, Mike Sullivan, Nick Hanson, Preston Sullivan and Alex Belille). LCO AMVETS Post 1998 Color Guard had a Gun Salute and the playing of Taps for our Veterans who have walked on. Lac Courte Oreilles salutes all Veterans **for their service and sacrifices for our country and people.**

LCO Conservation Department News

ATTENTION: BEGINNING THURSDAY, OCTOBER 15, 2015, THE LCO CONSERVATION DEPARTMENT WILL BEGIN TO ISSUE PUNCHCARDS FOR THE FIREWOOD LOTS. THERE IS A \$25.00 FEE FOR THE PUNCHCARD AND YOU WILL NEED TO PRESENT A CURRENT TRIBAL ID. WE HAVE COPIES AVAILABLE OF TRIBAL RESOLUTION NO. 15-94

REGARDING THE UPDATED FIREWOOD HARVESTING REGULATIONS.

BEGINNING SATURDAY, OCTOBER 17, 2015, THE ASHEGON FIREWOOD LOT WILL BE OPEN.

THE FIREWOOD LOT WILL BE OPEN EVERY TUESDAY AND SATURDAY FROM 8 A.M. TO 4 P.M. PLEASE MAKE SURE TO READ THE UPDATED REGULATIONS.

Employment Openings at LCO

Assistant Health Director, LCO-CHC **LCO Community Health Center**

The Assistant Health Director will assist the Health Director in providing respectful, compassionate and fair access for all services delivered by the LCO-CHC and will be a member of a team charged with supervising daily administrative and management activities.

Facilities/Housekeeper,

The LCO Community Health Center's Facilities/Housekeeping staff provides essential cleaning and limited maintenance services for the health facility. Among these duties are cleaning all areas of the facility, limited grounds keeping and providing light security for other employees and patients of the Health Center.

Find all LCO job openings on lco-nsn.gov/employment

2015 Halloween Events At Lac Courte Oreilles

Lac Courte Oreilles School held their Halloween party on October 24, 2015. There were fun things for the kids to do like making crafts, playing games, dancing. Many did the chicken dance, the and cake walk. I have to say the the limbo was the popular event

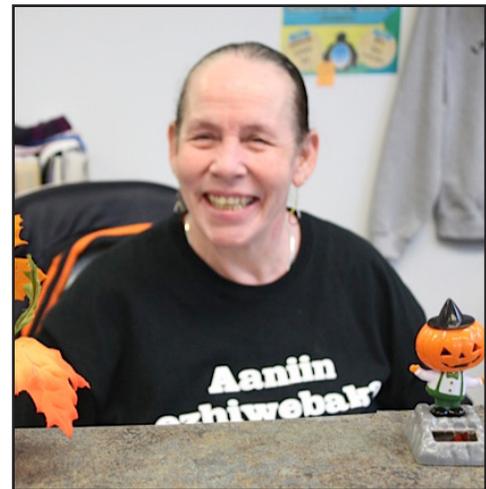
of the day!

The elders put together a great meal that was a hit with both adults and kids alike.

Thank you to all those that made this event possible. Thank you to all the volunteers!



Halloween at the Tribal Office 2015



Spookout At The Hideout October 30 2015 LCO Casino Halloween Celebration



Milwaukee Bucks Native American Culture Night November 7, 2015

Saturday, November 7, 2015 attending included MacKayla was proclaimed "Milwaukee Bucks Native American Culture Night" by the Milwaukee Bucks Basketball Team. With the



Chaperones were Randy Cadotte, McKenzie McShane, Elissa Stockbridge-Munsee Community, DeCora and Lonnie Barber.

help and generosity of the Ho-Chunk Nation and the Stockbridge-Munsee Community,

Chaperones were Randy Cadotte, McKenzie McShane, Elissa Stockbridge-Munsee Community, DeCora and Lonnie Barber.

The chaperones are proud of the performance of the LCO youngsters, behavior and the way they carried themselves. LCO should be proud of them all. This is an experience that they will remember forever.

All of us must thank the hospitality and generosity of the Stockbridge-Munsee Community, LCO Tribal Governing Board, LCO Boys and Girls Club, Ho-Chunk Nation and

approximately 50 representatives and chaperones were able to attend this great event. Over 100 Wisconsin Tribal members shared their culture with the over 12,000 Bucks fans at halftime, taking over the court with a song by "The Thundercloud Singers" of the Ho-Chunk Nation. LCO's Randy Cadotte was invited to sing with them. Lac Courte Oreilles was represented by the 2015 LCO Honor The Earth Homecoming Celebration & Powwow Royalty. LCO Royalty



the Milwaukee Bucks Basketball organization.



Visit LCO-NSN.gov for 24/7 News & Events

Team Running Strong In Washington D.C.



Honoring Ceremony for Team Running Strong at the Smithsonian National Museum of the American Indian, Washington D.C. Marie Kuykendall reports that her daughter Karla Mendolla ran in this with the Team Running Strong.

LCO Assisted Living: Profit and Loss Analysis

In 2014, the LCO Grants Department hired a consultant (Apara) to complete a preliminary assessment of the financial viability of an assisted living facility. The report suggested that the tribe plan for a continuum of care for elders to include Supportive Home Care, Adult Day Care and Assisted Living.

Several options were suggested in regard to Assisted Living:

A certified RCAC (Residential Care Apartment Complex) which is investigated every 2 years to assure that elder residents' needs are being addressed;

A Community Based Residential Facility, a place inhabited by 5 or more persons wherein supportive services and monitoring are provided; and

Adult Family Home, a family which takes in an elder and

assures that the needs of the elder are being addressed.

The analysis assumes that the tribe will build a facility of some kind. Once a facility is constructed, the report suggests that the number of residents required to make such an operation viable is 14.

We have all of the pieces of a continuum of care for elders provided through the Health Center and the Elder Center. They could be better coordinated to improve care. We also have general agreement among tribal government officials that assisted living would improve the quality of life for some elders. We don't have a facility and we don't have a focused effort from tribal staff and volunteers to get the job done. Let's get moving!

News from the LCO Elders Council

Elder Council Meeting, October 2, 2015

The meeting was called to order at 10:10 am by Chair, Daryl Coons. Present were Vernon Martin, Marie Kuykendall, Dewey Isham, Lorraine Smith, Deanne Martin and Faith Smith.

Dewey moved to accept the minutes of the September 19th meeting, seconded by Vernon and passed unanimously.

It was suggested we suggest to the TGB that the telephone answering machine be changed when offices are closed when the tribe closes during the normal work week. Several elders called when the tribe was closed for Treaty Day and did not know why no services were available.

There was also discussion about the Elder Protection Ordinance. It cannot be implemented until funds are received to hire someone to work through the necessary operational procedures with the Tribal Court, Elder Center and other internal offices.

Reports from TGB meeting monitors. There was discussion about the large community effort launched in New Post to find the missing girls in New Post. Everyone was much relieved when they were found safe. The Comprehensive Community Services application is being completed by the Grants Department. The Waiver Committee had hoped to have this application complete by November 1st but that will clearly not occur. WOJB is badly in need of a new transmitter which will cost about \$800,000. Mark Montano described the use of a new grant to thoroughly clean houses vacated by former residents who manufactured meth. The residue left on these homes can impact the health status of new residents so they must be cleaned. He also described an impending self-help housing program slated to begin at LCO in the near future. This

will be a difficult program to carry out. A concern was raised by a member of Big Drum. Big Drum held a service for a deceased member and was surprised to find out that a charge was submitted by Pineview for services not provided at that facility. It will be investigated. There are currently five insurance claims filed by the tribe. Three of them are due to human error.

Firewood Policy. Terrance Manuelito presented a tentative policy and plan to provide firewood for elders unable to pay. The Elder Council discussed the proposal and was in full agreement that this was needed. He also reported that a cost overrun in one of the Elder Center budgets was taken from elder benefits reducing the amount of funds available to elders. Terrance will speak to Steve to get this situation corrected. In a subsequent conversation with the TGB, they agreed that this was improper.

Membership Meeting. It was suggested that presenters be given a time limit and that all directors be mandated to attend. The meeting was interesting but got a little raucous toward the end.

The Elder Council discussed the Ogichidaa Project including the collection of names for the LCO Veterans' Registry and trips to gather information about Native museums and Native veterans. Rick St. Germaine discussed the lack of funds for a veterans powwow. He was asked what other efforts were made to secure funds but it did not seem that anything had been done. Dewey mentioned that Amvets should be approached for a contribution.

Dewey moved to adjourn the meeting at 12:15 pm, seconded by Faith and passed unanimously.

MINO DIBISHKAA - Happy Birthday Wishes!

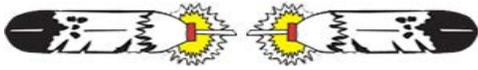
Delores Beaudin 11/02, Teresa Wolfe 11/02, Steve Robertson 11/06, Leonard Morgan 11/07, Marilyn Potack 11/08, Charles Ackley 11/09, Pamela Martin 11/11, Richard McClain 11/11, Raymond Martin 11/12, Laramie Jockey 11/14, Ione White 11/14,

Ernest Guibord 11/18, Lawrence Guibord 11/19, Howard Sharlow 11/19, Susan Assen 11/23, Janice Homesky 11/23, Beatrice Stewart 11/24, Gary Quaderer 11/25, Gertrude Kingfisher 11/26, Orville Weaver 11/27

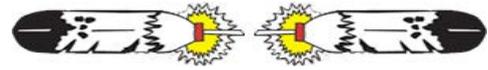
Newly Elected Elders Council Members



On Saturday November 7, 2015 the Elder Council welcomed three newly elected board members, Mona Ingerson, Tom Carley, Christine Isham. We would like to welcome our new Elder Council Board Members! Thank you for serving on this board.



Teaching & Disciplining Our Children



by Gaa-anishinaabemod: Lee Obizaan Staples & Gaa-anishinaabewibii'ang: Chato Ombishkebines Gonzalez



as they hear the Thunder-beings going by. They can offer up their tobacco to the plants in the wild that they plan to use. They can also attend the ceremonies where the Anishinaabe is offering up their tobacco. They can prepare for these ceremonies by putting their offerings together in a good way that they plan to use in these ceremonies. They can also use the Ojibwe Language as they speak to one another in the home. This is what the young child will observe and will also continue to live his or her life in the same manner.

Ishke ginwenzh igo nibinaadamawaa ani-ganoodamawag iniw odasemaan a'aw Anishinaabe ani-biindaakoojiged. Ishke dash ingiw aanind gaa-naadamawagig ishkwyaang, azhigwa gaa-ishkwaa-ayaawaad niwenda-minwendaan waabandamaan oniijaanisiwaan ani-bimiwidoonid iniw ogitizimiwaan gaa-izhichigenid gii-pimaadizinid. Ishke mii imaa wenjida ani-waabanjigaadenig gaa-izhi-wawingezinid ogitiziimiwaabanen weweni gii-gikinoo'amaagowaad geyaabi ani-gikinawaabiwaad ani-bimiwidoowaad iniw ogitiziimiwaabanen gaa-wenda-apiitendaminid.

I have been speaking for the Anishinaabe's tobacco for a good length of time. I really like seeing that some of the Anishinaabe I have helped in this way, that once they have passed on their children continue to carry on in the same way as their parents did. It really shows in how efficient the parents were in teaching their children that they still continue to carry on the same practices that their parents valued.

Daa-nanaginaa a'aw abinoojiinh. Ishke a'aw mindimooyenyiban gaa-nitaawigi'id mii iw gaa-ikidod, "Gaawiin gidinigaa'aasiin a'aw abinoojiinh nanaginad. Gimino-doodawaa." Ishke

noongom niwaabamaag ingiw abinoojiinyag azhigwa anibaakishimind a'aw Manidoo-dewe'igan ani-aabajichigaazod imaa niimi'iding, mii imaa gakina ingoji babaamibatoowaad imaa abinoojiinyag endanakamigak. Mii-ko gaa-igooyaan gii-kwiwizensiwiyaan gii-wiiji'iweyaan gii-izhaayaan imaa endazhi-niimi'iding, "Bizaan omaa nanaamadabin. Mii eta-go ge-onji-bazigwiyyamban maagizhaa gaye da-niimiyamban gemaa gaye waakaa'igaansing da-izhaayamban." Ishke nigii-igoo "Giishpin baamibatooyan omaa baakishing a'aw gimishoomisinaan bangishinan gidaa-wenda-wiisagishin." Mii imaa gikinoo'amawind a'aw abinoojiinh da-apiitenimaad gimishoomisinaan, aaniish naa mii iw iwidi gaa-onjikaad iniw Manidoon gii-miinaanid iniw Anishinaaben da-apenimonid.

A child should be disciplined. The old lady that raised me had said, "You are not doing a child harm when you discipline him or her. You are doing good to the child." I see that when we have our ceremonial dances and the drum is laid out to be used, the children are running all over the place in the dance hall. When I went along with those old people to the ceremonial dances as a young boy I was told, "Sit quietly. The only reason you need to get up is to go to the bathroom or to dance." I was also told, "If you were to run around while the ceremonial drum is being used, if you should fall you will hurt yourself badly." This is where a young child is taught to have respect for a ceremonial drum, after all the drum came from the Manidoog and was given to us as Anishinaabe to depend on for support.

Ishke dash gaye eko-maajaa'iweyaan, mii imaa noongom wenda-ombigwewetowaad

abinoojiinyag babaamibatoowaad anooj izhichigewaad. Ishke mewinzhaa gaawiin ingiw abinoojiinyaggii-pagadinaasiwag imaa da-bi-izhaawaad endazhi-maajaa'iweg. Ishke a'aw enigaagiigidod ani-maajaa'iwed, ishke imaa gegoo ani-noondang ombiigwewetoonid awiya, mii-go izhi-waniba'igod waa-ikidod.

Ever since I started doing funerals I noticed that today a lot of our children are making a lot of noise running around at the funeral site. A long time ago children were not aloud to be present at these funerals. When the one who is talking at the funeral hears some noise he will tend to forget what to talk about.

Ishke dash i'iw enendamaan noongom waabandamaan ingiw abinoojiinyag ezhichigewaad, mii-go imaa aninaniizaanendamaan dibishkoo ani-naanaagandawendamaan aaniin ge-ni-inaadiziwaad oniigaaniimiwaang ingiw abinoojiinyag noongom. Ishke mii imaa wenjida da-ni-apiitendamawaawaapan iniw Manidoo dewe'iganan, miinawaa weweni da-doodawaawaad inow gaa-ishkwaa-ayaanjin azhigwa waa-maajaanjin dani-aanjikiinid. Ishke ani-gichi-aya'aawiwaad, gaawiin gegoo oda-ni-apiitendanziinaawaa, mii dash geget da-nishwanaadizid a'aw Anishinaabe.

When I see what our children are doing today I begin to be fearful as I think on how these children will conduct themselves in the future. They should especially have respect for the ceremonial drum when it is laid out and should be especially respectful to the spirit of the deceased who is about to leave and change worlds. What is scary about it all is to realize that when these young people get older they will not have respect for anything, and this is when Anishinaabe will go downhill as a people.

Booch da-gikinoo'amawind a'aw abinoojiinh gaa-ina'oonwewizid a'aw Anishinaabe. Ishke mii ingiw giniigaaniiminaaning ingiw ebinoojiinyiwijig noongom ge-ni-bimiwidoojig gaa-izhi-miinigoowiziyang anishinaabewiyang. Ishke a'aw abinoojiinh mii-go gaye wiin ezhichiged ani-gikinawaabamaad ani-waabandang ani-izhichigenid iniw ogitiziiman.

We have to teach our children what we have been given as Anishinaabe. Our children are the ones who will be carrying on the teachings we have been given as Anishinaabe into the future. A child learns from observing his or her parents and in turn does the same.

Ishke noongom weniijaanisijig, miiwge-izhichigewaapanendasogiizhik iniw odasemaawaan da-asaawaapan. Agwajing oada-asaawaan iniw odasemaawaan ani-bimi-ayaanid iniw Binesiwaa. Odaa-biindaakoodaanaawaa waa-mamoowaad bagwaj waa-aabajitoowaad. Odaa-naazikaanaawaaa'aw Anishinaabe okwii'idid ani-biindaakoojiged anooj inakamigizid. Weweni da-ozhiitaawag da-dazhiikamowaad waa-pagijigewaad aninaazikamowaad ani-manidooked a'aw Anishinaabe. Da-anishinaabemotaadiwaad imaa endaawaad. Ishke mii a'aw abinoojiinh ge-waabandang mii dash gaye wiin ge-ni-izhichiged ge-ni-inaadizid oniigaaniiming.

What our parents can do on a daily basis is offer up their tobacco. They can put their tobacco outside

Edwin Carley, 18 Years At LCO Tribal School

Boozhoo LCO Community,

My name is Edwin Carley, I have been asked to give a little rundown on myself and projects at LCO Schools. I have a Beautiful Wife named Danielle (Beeb) Carley, I also have some Beautiful wonderful children Nicole Carley, and Brandon Carley. All of whom have attended LCO Schools.

I have worked at LCO Tribal School for 18 years now. I started in the maintenance department in 1997 and in 2000 assumed the duties of The LCO Ojibwe School Safety Coordinator Acronym or as the BIA/BIE titles this duty: Collateral Duty Safety Officer (CDSO). I have also worked as an IT Support Specialist for

controls the heating and cooling of the School, is also in progress which should also be finished in the next couple of weeks.

The bus garage and Fire Hall's outside building lights have been replaced with High Efficiency LED Wall Packs. We are in the middle of the LED Wall Pack Project for the outside of K-5 Building elementary wing also at the moment. I am also looking at a project for indoor/outdoor building lights automation. Which means that they will turn on and off by themselves via a timer thus saving on the schools on its overall electric bills.

The High School has half of the south hallway LED Light Project finished. It will take a few years to finish these LED Lighting projects. But we are already reaping the benefits of the High Efficiency LED Lights that have been installed.

The gym will be inspected and repaired the week of Nov 2nd so we should be very ready for the Veterans Pow-Wow next week on Nov 11th 2015.

Those are just a few of the projects that are happening at and around the school. The School sits on approximately 90 acres of land and has 9 federally funded buildings around 126,230 Sq. ft. of building space, so to say the least LCO Schools is a very BIG facility. I hope this information sheds some light on what is happening facility wide at LCO School.

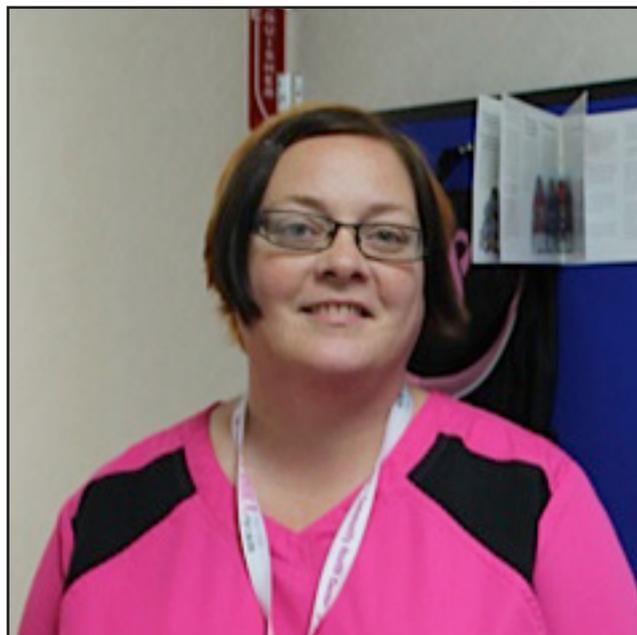
Chi Miigwech,
Edwin Carley, Facility Director (CDSO), Lac Courte Oreilles Ojibwe School



the school. Most recently, I've assumed the Facilities Director position; it is my second year in this role. Due to the nature of the positions I hold I am on call 24/7. Right now I still do all 3 positions, time permitting, but hey it keeps me busy.

I also want to make the community aware of the different projects that have been going on at the school. We have the project in place to replace the gym lights, "which by the way is finished now." The replacement of the roof of the Middle School building is a work in progress and should be finished in the next couple of weeks. The HVAC Control Project, which

Health Center Welcomes Amanda Wilder



My name is Amanda Wilder, R.T.(R,M,CT) and I am the Lead Mammography Technologist at the LCO Health Center.

I graduated high school in Bremen, Indiana. One month after graduation, I started the Radiologic Technologist program in South Bend, Indiana. In 1993, I graduated from Indiana University-South Bend with an Associate's Degree in Allied Health Sciences. I also completed 24 months of clinical training at Memorial Hospital in South Bend, Indiana.

I've been nationally registered with the American Registry of Radiologic Technology (ARRT)

as a Radiologic Technologist since 1993. I have been nationally registered in Mammography since 1996. I am licensed in the State of Wisconsin as a Radiologic Technologist.

I've worked many places in my 22 years of experience....Indiana, North Carolina, Wisconsin, South Dakota and Arizona. I've been working for the Lac Courte Oreilles Tribal Health Clinic

since the mid to late 1990's. I've worked with contract companies and as critical relief for x-ray.

I have been the Lead Mammography Technologist here at LCO Health Center since June 2014. I have been re-certified in Mammography twice in that time period per government regulations. I currently work 9:30 AM-6PM Monday-Friday and am more than willing to work with our patient's schedule for getting their screening or diagnostic mammogram. I am thrilled for the opportunity to work with the LCO members.

Secretary Kitty Rhoades Meets With LCO



Secretary of the Wisconsin Department of Health Services Kitty Rhoades, on left, met with Lac Courte Oreilles

Elder Holiday Shopping Bus Trips



November 20th, Eau Claire, 8-4:30 p.m. - will leave and return to the Tribal Building.

Stops include Oakwood Mall, WalMart and Savers.

December 1st, Rice Lake, 8-4:30 p.m. will leave and return to the Tribal Building. Stops included are WalMart, St. Vincents, Goodwill and Shopko.

December 7th, Hayward, 10-3 p.m. will pick up at homes if called in advance. Trip to Hayward for shopping. Stops included Marketplace, WalMart, Salvation Army, and Indianhead thrift store. We have more room and can accomodate more than 2

bags per person!!

December 11th, Rice Lake, 8-4:30 p.m. will leave and rereturn to the Tribal Building. Stops include WalMart, Shopko, St. Vincents, and Goodwill.

December 21st, Hayward, LAST CHANCE TRIP FOR CHRISTMAS SHOPPING AND GROCERIES!!! 10- 3 p.m. Stops included Marketplace, Walmart, Salvation Army and Indianhead thrift store. We have more room and can accomodate more than 2 bags per person.

Please call as soon as possible the bus will fill quickly and reserve your seat today!!!

All bus trips, lunch is on your own.

Call Carol Hamblin, 715-957-0076 for a seat on the bus!!

Katie Taylor Signing Letter Of Intent To Winona State For Track Scholarship



Katie Taylor, Daughter of Bernard and Laura Taylor at the signing of letter of intent to accept Winona State College's Track scholarship.

George Michael Morrow IV Given Ojibwe Name: Animikaanakwad, 'Thunder Cloud'



George Michael Morrow IV was given his Ojibwe name of Animikaanakwad, Thunder Cloud. His namesakes include Joe Nayquonabe Sr., Mark Bisonette, Mike Sullivan Sr., Mikey DeMain, (John Morrow standing in for him), Kelly Nayquonabe, Willard Gouge, Mary Lou Taylor, Holly Trepania and Mary Pyawasit.

NIIGANI BINEES 'LEADING EAGLE'



Pictured is Brody Joe Trepania who received his Ojibwe name Niigani Binees... "Leading Eagle"... Lee Staples, Lisa Miller, Kelly Martin, Ariana Johnson, Terrance Wilson and Kyle Gouge are his namesakes or we'enh's. Brody is the son of Stephanie Barber and Brad Trepania.

Ojibwe Naming Ceremony

The Naming Ceremony remembers the Original Man's sacrifice for naming everything. It requires a father and mother to ask a medicine person to seek a name for their child. The medicine person does the seek by fasting, meditation, prayer, or dreaming and the spirit gives the name. The medicine person burns an offering of tobacco and pronounces the name to the 4 directions. The people at the ceremony repeat the name when it is called out by the medicine person. After the name is announced the spirit world can then accept the name and recognize the child as a living thing for the first time. The Spirit World and ancestors guard the child and prepare a place in the spirit world for them when the end of their life comes. At the naming ceremony the parents ask for four men and four women to sponsor the child. The sponsors vow to guide and support the child.

Migiziinsag Drum Invited To Dallas

Migiziinsag Drum was invited by the Parents as Teachers affiliation, a partner for the LCO FACE program to sing for a conference celebrating 25 years of FACE programs across Indian country. In Dallas, Texas November 9-11

More Info From Lac Courte Oreilles Ojibwe School FB Page:
The LCO Family and Child Education (FACE) staff and LCO School elementary singers "Migiziinsag" will be traveling to Dallas, Texas for a conference celebrating 25 years of FACE programs across the Indian nations. The drum was invited by the Parents as Teachers affiliation, a partner for the LCO FACE program. The drum group will sing a Welcome song on day one for 150 state and tribal program leaders during a 25th birthday luncheon. On day two, they will sing an honor song and round

dance song for 1000 participants at a Keynote luncheon featuring William Mehojah, Jr. a member of the Kaw nation of Oklahoma. Mr. Mehojah was the Director of the Indian Education Programs now the Bureau of Indian Education, for 36 years. He developed the FACE pilot program with five tribal schools, which has now expanded to 43 schools within Indian country. Over the past 25 years, Face has enrolled over 41,000 adults and children.

Those attending will be singers Joseph Benjamin, James Buckholtz, Caden Grover, Melvin White III, Thomas White. FACE staff includes Monica White, Adult Learning/Parent Engagement Coordinator, Liz Bergum-Early Childhood Teacher, Deb White-Early Childhood Co-Teacher, and Parent Educators Dawn Kagigebi and Danielle Scott.



Migiziinsag Drum performed "welcome," "flag," "round dance" and "honor" songs this morning at the Water & Women's Symposium at LCO Convention. Drum members included: Melvin White (5th grade), Mahto Wade (5th grade), Mathew White (2nd grade), and Thomas White (3rd grade). Two of these singers are flying to Dallas, TX on Monday to perform at a national education conference. These very young men are great singers and I hope to get them some more performances this school year. They are great ambassadors for the LCO Ojibwe School. They received many compliments and thanks for their songs at the Symposium.



The Boys and Girls Club of Lac Courte Oreilles and The Lac Courte Oreilles Elder Center presents;



FOOTPRINTS

"Intergenerational Cultural Program"



Footprints is an intergenerational program operated through the partnership between the Boys and Girls Club of Lac Courte Oreilles and the Lac Courte Oreilles Elder Center.

This BGCA (Boys and Girls Club of America) Torch Club program focuses on encouraging meaningful role-modeling relationships between Elders (+55) and Youth (10-18) of the Lac Courte Oreilles Reservation, while engaging them in cultural activities relevant to both populations.

Mondays

October 19th - December 14th 2015

4:30pm-5:30pm

@ the Reserve Elder Center



Wes Wilson- Boys and Girls Club (715)-699-4882
Shane Ewert: Boys and Girls Club (715)-491-1476
Mary Wolf: LCO Elder Center (715)-865-3379

Enjoy!

An awesome menu of:
Chicken Wild Rice Soup
Chili & Frybread

HOLIDAY EXTRAVAGANZA

Saturday, November 21, 2015
10am – 4pm

Support!
A fundraiser for the first annual all-school & all-community Lac Courte Oreilles Ojibwa Community College Pow-Wow bringing communities & students together from all LCOOCC locations!

Be a part of the festivities!

- Bake Sale (Nov. 20 & Nov. 21)
- Craft Sales and Raffle
- Children's activities
- Much More!

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Request For Bids

LCO Business Administration is accepting bids to repair LCO business bill boards on the LCO Reservation. We are accepting bids to repair one to nine billboards. For more information on locations and requirements contact Rhianna Larson at the LCO Business Administration office by calling 715-558-7715 or emailing Rhianna.larson@lco-nsn.gov.

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Laura Jean Carley

March 27, 1974 - October 13, 2015

Laura J. Carley, age 41, of LCO, died Tuesday, October 13, 2015 at St. Mary's Medical Center in Duluth, MN.

Laura Jean Carley was born March 27, 1974 in Milwaukee, WI, the daughter of Thomas and Joan (Trepania) Carley. She began her journey surrounded by loved ones. Laura was a loving free spirit who lived for her children, her fiancé and her family. She enjoyed cooking, reading, good music and being with her family. Laura was kind, funny, thoughtful, and considerate with a big, loving heart, she was loved by all who knew her. She will be dearly missed.

She is survived by her parents Tom (Carol Miller) Carley and JoAnn (Bill Waggoner) Trepania; son Dennis Quaderer Jr.; daughters Destiny Rose Sharlow, Bethany Michelle Carley Lexie Joy Crone; fiancé Jamie Walczak; brothers Jason (Sonya Webster) Carley, Jordan Carley, Kyle Gougé; sister Marla (Lance) Carley, Ashley DeNasha; nephews and nieces.

Laura was preceded by her grandparents Byrl & Ruth Carley, Joseph & Beverly Trepania; cousins Michelle Carley and Marlon Carley.

Tribal Funeral Rites will be held at 10:00 a.m. Friday, October 16, 2015 at Big Drum Ceremonial Center in Lac Courte Oreilles with Lee Staples officiating. Burial will be in Historyland Cemetery. Visitation will begin at 5:00 p.m. Thursday, October 15th at Big

Drum.

Casket bearers will be Marcus Carley, Mike Carley, Will Carley, Timmy Miller, Brad Trepania and Robbie Trepania.



Robert Francis DeNasha

January 20, 1936 - October 22, 2015

 Robert F. DeNasha, age 79, of LCO, died Thursday, October 22, 2015 at St. Mary's Medical Center in Duluth, MN.

Robert Francis DeNasha was born January 20, 1936 in Hayward, WI, the son of Frank and Frances (Naviosh) DeNasha. He grew up and graduated from Hayward High School, then served in the U.S. Army from 1958 - 1960. After the military Bob moved to Chicago where he worked for CTA as a bus driver for several years, then drove semi-truck for SNS Trucking Motors Company. He retired to Hayward in 1999. Bob enjoyed the horse races in Chicago, playing bingo, and was known by friends as "Money Bags".

He is survived by his sons Robert DeNasha, Leslie DeNasha; daughters Kateri Troidahl, Barbara DeNasha, Elizabeth DeNasha; sisters Delores DeNasha, Myrna DeNasha.

Robert was preceded by his parents; son Thomas DeNasha; daughter Loretta DeNasha; brother William DeNasha.

The Funeral Service will be held at 10:00 a.m. Monday, October 26th at Pineview Funeral Service in Hayward with Father Gregory Hopefl officiating. Burial will be in New Post Cemetery with military

honors accorded by LCO AmVets Post #1998. Visitation will be held beginning at 5:00 p.m., Sunday, October 25th at the funeral home.

Honorary bearers will be Loreen Crone, Honda DeNasha, Robert L. DeNasha, Thomas L. DeNasha and Jordan Milam.

Casket bearers will be Dave Decora, Doug Decora, Dale DeNasha, Mike DeNasha, Duane "DJ" Miller and George Thayer.



Lloyd Franklin Sutton

February 11, 1940 - October 29, 2015

 Lloyd F. Sutton, age 75, of Radisson, died Thursday, October 29, 2015 at his home.

Lloyd Franklin Sutton was born February 11, 1940 in Eagle Bend, MN, the son of Lester and Martha (Hertwig) Sutton. He grew and graduated high school in Eagle Bend. Lloyd then listed in the US Army and served from 1958 -1961. After the military he lived in St. Paul, MN where he was a dry waller for Butler Construction for many years. Lloyd returned to the Hayward area in 1975, where he continued his construction work in dry walling for LCO Development for over 30 years until his retirement. He was an avid baseball fan, sports fan and fisherman.

He is survived by his son Steven Sutton; daughter Laurie Sutton, Lisa Sutton all of Hayward; five grandchildren; one great granddaughter; brother Dennis Sutton of Mora, MN; nephews & nieces.

Lloyd was preceded by his parents; wife Carol; sister Emily Engren.

The Funeral Service will be held at 11:00 a.m. Monday, November 2, 2015 at Pineview Funeral Service in Hayward with Rev. Marvin Wilber officiating. Burial will be in Whitefish Cemetery. Visitation will be held from 10:00 - 11:00 a.m. prior to the service at the funeral home.

Honorary bearers will be Al Miller, Brenda Miller, Burleigh Miller, Clyde Miller Sr., Robert Miller, Mark Tainter and Tom Tainter.

Casket bearers will be Al DeMarr, Christopher McNabb, D.J. Miller, Art Schmock, Russell Taylor and Bill White.



Lillian Sue Rice

Oginaakwe

July 21, 1932 - October 31, 2015

Lillian S. Rice, age 83, of Hayward, died Saturday, October 31, 2015 at St. Mary's Medical Center in Duluth, MN.

Lillian Rice was born July 21, 1932 in Crandon, WI, the daughter of Peter and Rose (Escanaba) Johnson. She was a woman who like helping people no matter their walk of life and enjoyed doing the things that preserved the Indian cultures. Lillian loved making maple syrup, taffy, sugar cakes, picking wild blueberries, harvesting wild rice and tanning deer hides to make moccasins. She enjoyed traditional Indian ways and working with people from children to other elders. Lillian was a loving mother, grandmother, aunt and friend.

She is survived by her sons Arnold (Lori) Rice Sr., Sherwin

Rice continued from pg. 18

(Tonja Adams) Rice, William (Jackie) Rice Sr.; daughter Victoria "Mimi" Rice; 19 grandchildren, 29 great grandchildren, one great grandchild; brother Walter Johnson.

Lillian was preceded by her parents; husband Kendall; sons Richard Rice, Lloyd Morris Rice; daughter Rose Lynn Rice; brother Andrew Johnson; sister Mary Ann Holzman; great grandson Aiden LeBlang.

Visitation will begin at 7:00 p.m., Monday, November 2nd at Big Drum Ceremonial Center in Lac Courte Oreilles. Native American Church Services will begin at 4:00 p.m., Tuesday, November 3rd at the Arnold Rice Sr. residence. Burial will be held Wednesday, November 4th at Johnson Family Cemetery in Star Lake, WI.



Daniel Duane Begay
Niigaanii Noodin

Dec. 13, 1962 - November 9, 2015

Daniel D. Begay, age 52, of Chief Lake, Hayward, WI, died Monday, November 9, 2015 at his sister Mary & Jeff Taylor's home in Hertle, WI.

Daniel Duane Begay was born December 13, 1962 in Appleton, WI, the son of Eugene and Bernice (Anderson) Begay Sr. He attended school in Lac Courte Oreilles and also Lac Courte Oreilles Ojibwa Community College. He worked in the medical field as a CNA

in Minneapolis, St. Paul and Michigan. Dan loved playing the guitar, black jack, cribbage and was an avid reader. Dan was a huge Bruce Lee fan and a martial arts student. He liked attending and dancing at the Big Drum Ceremonial Center. Dan loved his grandchildren.

He is survived by his mother Bernice; significant other Cheryl Quaderer; sons Deane Begay, Noah Turner, James Begay, Devin Begay; daughter Emily Begay; step-son Jason Quaderer; step-daughter Vala Quaderer; brother Eugene Begay Jr., John (Anita Carley) Begay; sisters Cathy Begay, Lynn (Alex Gillespie) Begay, Paula (Bob) Hague, Tish (Jeff) Taylor, Josie Begay; grandchildren Elijah Martinson, Rylan Begay Beaulieu, D.J Turner, Natasha Turner and Brett Dennis Jr.; many nephews & nieces.

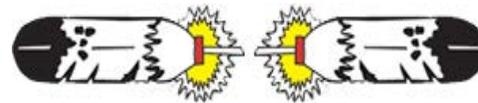
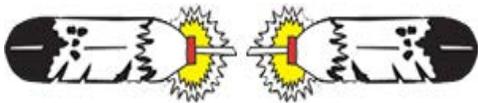
Dan was preceded by his father Eugene Begay Sr.; grandparents Fred Anderson, Viola (Thayer) Walton, Bahe Begay, Lucy

(Mustache) Begay; nephew Dan Andersen.

Tribal Funeral Rites will be held at 10:00 a.m. Thursday, November 12, 2015 at Big Drum Ceremonial Center in Lac Courte Oreilles with Lee Staples officiating. Burial will be in Chief Lake Indian Burial Grounds. Visitation will begin at 5:00 p.m. Wednesday, November 11th at Big Drum Ceremonial Center.

Honorary bearers will be John "Little Bird" Andersen, Deane Begay, Devin Begay, Eugene Begay Jr., James Begay, John Begay, Dan Hart, Todd Hart, Troy Hart, Jason Quaderer and Noah Turner.

Casket bearers will be John "Zhingwaak" Andersen, Gary Belille, David "Niizhoo" DeNasha, Alex "Daake" Gillespi, Charles "Mashkode Bizhiikii" Kuykendall and David "Geronimo" Wade.



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Staff & Contributors:
 Lonnie Barber, Editor, lonnie.barber@lco-nsn.gov