

# THE LAC COURTE OREILLES ELDERS CORNER

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*“News by Elders, for Elders, about Elders”*

Published the first Wednesday of every month.

SPONSORED BY: LCO ELDER'S ASSOCIATION

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## NEWS FROM THE LAC COURTE OREILLES ELDERS COUNCIL

Darryl Coons, Chair 715/945-2660

Faith Smith, Secretary 715/634-1599

Saturday, August 1, 2015

The meeting was called to order at 10:10 am by Daryl Coons, Chair. Present were Dewey Isham, Lorraine Smith, and Faith Smith.

Report from Mary Wolf, Elder Center. A needs assessment and strategic plan is being conducted. A form is being circulated among elders to get feedback about services that work and activities elders need/would enjoy. A meeting will be held at the Elder Center on Friday, August 28, to encourage dialogue among elders and get feedback for the Elder Center staff.

Museum Grant. A small grant was received from the Institute of Museum and Library Services to create the LCO Ogichidaa Memorial. Through the project, a permanent exhibit will be built, a registry for LCO veterans completed, and documents tracing the early history of LCO collected. Trips are planned to the Regional Archives in Chicago where all of the records of Kinnamon School were sent, the Milwaukee Museum, and Newberry Library. As many photos and documents can be found will be digitized and an electronic program for cataloguing and retrieval purposes will be installed to record all holdings.

Elder Council Election. The new deadline to receive applications to run for a position on the council is August 28<sup>th</sup>. The election will be held September 26<sup>th</sup> and new members installed on November 7<sup>th</sup>.

Jason Schlender. All new members of the TGB were invited to address the Elder Council. We were informed that Rose had a conflict. Jason Schlender did show up and talked a little of his activities since being elected including participation at the Sandy lake remembrance.

General Discussion. New pow-wow grounds are needed or the current location needs to be improved. A concern was raised about the number of tribal members whose positions have been terminated from the Health Center in the past 2 years, whether they were treated fairly and had a fair hearing. The Health Center has declared its grounds smoke-free. A question was raised about the pavilion and whether smokers can use it during their breaks. The Housing Authority is scheduled to clean 50 homes to make them free of mold and any other contaminants that would compromise the health of residents, especially children. According to the casino, salaries of the lowest paid are to be increased.

Lorraine moved to adjourn the meeting at 12:45 pm, seconded by Dewey and passed unanimously.

## **ELDER CENTER NEWS**

MARY WOLF, DIRECTOR (715) 957-0027

TERRANCE MANUELITO, BENEFITS COORDINATOR (715) 957-0077

CAROL HAMBLIN, ADRS (715) 957-0076

CLARA JALOWITZ, NUTRITION PROGRAM (715) 865-3379

We have been receiving an increasing number of calls on the wrong phone number and it is becoming an issue. Please help us share this correct information:

- **MAIN # - Information & Assistance:** (715) 957-0076
- Elder Services (Medicare/Social Security, etc.): (715) 957-0077
- Nutrition Services (Meals only): (715) 865-3379
- Administration (Director): (715) 957-0027

Please refer to this list when calling for information. We will have kitchen magnets printed up for the community. We are understaffed in that we do not have an office assistant to take calls, so we are hoping people will call the appropriate phone lines.

We are happy to announce our new Elder Vehicle Use Policy & Procedures have been approved. We will have a copy on hand at the Elder Center for anyone interested in reviewing! Miiigwech to Courtney Allensworth for working so hard on this and other elder services issues we may run into!!

LCO Lodge staff confirmed that elders 62 years of age and over are welcome to swim in the Lodge's pool anytime during regular pool hours (7 am to 11 pm). That is wonderful news! Miiigwech to the Casino & Lodge for this service in keeping our elders healthy!

LCO Elder Services will be hosting our annual Medicare / Medicaid informational event this month. The event will be on Thursday, September 24, from 10am to 2pm in the Peter Larson Room at the Tribal Building. We will have guest speakers, drawings and doorprizes!! A light lunch will be served. Please mark this on your calendar and call 715-957-0076 if you will need transportation to or from the event. Watch for flyers!!

### **Waivers Status September, 2015**

Faith Smith

Comprehensive Community Services. The CCS Waiver provides 100% reimbursement for services provided to children and adults who have a mental health and/or substance abuse disorders and are in need of community-based psychosocial rehabilitative services due to a functional impairment that interferes with or limits one or more life activities. Services include, but are not limited to, psychotherapy, community skills development, communication and interpersonal skills training, employment related skills training, and substance abuse treatment. Participants must receive or be eligible for Medicaid.

Currently, Lac du Flambeau is the only tribe in Wisconsin approved to manage Comprehensive Community Services. The LCO grants department is preparing a CCS application with the hope that the tribe will be able to improve services to those with mental health and addiction issues and increase community-based therapeutic services.

Tribally Operated and Money Follows the Person Waivers. The state submitted an application to CMS (Centers for Medicaid and Medicare Services) which must be approved in order to shift operational authority of the waivers to the Tribes. The goal of the state is to secure approval from CMS by January 2016, much delayed from the initial implementation goal of the summer 2015. The state Department of Health Services meets with CMS monthly by telephone to resolve any concerns they have. Assuming that the application to CMS is

approved, Wisconsin Tribes will be able access benefits worth several million dollars for those tribal persons most at risk. The Tribes will receive 10% of the value of total benefits awarded to enable this new model of care to be self-sustaining.

Eligible populations will be:

- (1) tribal elders (persons 55 years of age and older) who require community-based services in order to remain in their homes;
- (2) tribal adults and children who have severe physical, developmental and intellectual disabilities that require special supports; and
- (3) tribal elders currently residing in institutions. They will be able to transition federal funds which pay for institutional costs to a community setting (Money Follows the Person Program).

Services include case management, personal care, adult day health, habilitation (services designed to maximize daily living needs), as well as prevocational, supported employment and education. Other services include adaptive aids, residential care, communication aids, consumer education and training, counseling and therapeutic resources, daily living skills training, home modifications, home delivered meals, housing counseling, relocation services, specialized medical equipment, supportive home care, transportation, financial management services, consumer directed supports and vocational futures planning. The cost of these services will be 100% reimbursable by the federal government.

Many of these services can be provided by other community members who will be reimbursed for their work. While the earliest we anticipate having management control over the waivers, we are seeking basic information from community members willing and able to provide basic services for elders and persons with long term disabilities. These services include, to name just a few, house cleaning, shopping, laundry, grass cutting, meal preparation, transportation to shop, financial management, and assistance with any other home based chore important for the elder for person with a disability. Persons hired under the waiver programs must be willing to submit to a background check.

Applications are available in the tribal office and at the Elder Center in Reserve. Or call Faith Smith (715/558-4673) for more information.

### **LCO Ogichidaa Memorial**

Faith Smith

Work has started on this project, identifying documents related to the history of LCO, particularly those describing the experiences of LCO veterans. Elder Council members met with the fabricator who will construct the maple tree whose leaves will be imprinted with the names of our veterans. We will travel to the National Archives Chicago Region which has early documents related to Kinnamon School in the early fall. Other visits include the Milwaukee Public Museum and the Logan Museum of Anthropology in Beloit.

Part of the work of this project is to develop a registry of LCO veterans. A registry form is available at the tribal office. If you are a veteran, please fill one out and return to the Elder Council mailbox in the tribal office. Or if you have a family member who has passed on, please fill out a form so that their name is recorded in the registry. Thank you!

## **CONSTITUTION REVISION**

Mona Ingerson

I have received a few comments about the draft Preamble: Glad you are finally doing something about the Constitution; Be sure to include our language; It won't do any good and I just don't care anymore; I don't live there yet but what can I do to help. So few comments. Where are all those who have been saying that we need a new Constitution. We have a group of people who are willing to give their time to do all the 'legwork' and research. We are asking you for your input and ideas. Can't you write or call? Better yet, join us; the next meeting is September 8<sup>th</sup> at 2 pm in the Tribal office.

## **LCO ELDERS ASSOCIATION MEETING**

Mona Ingerson

Our August meeting started off on a happy note. We awarded Lorraine Smith as our best ticket seller. She had the choice of \$25 or a gift certificate. We did not do as well at Honor The Earth Pow Wow as we did last year. We did not have enough cookies. We will need more for next year.

The Veterans' Pow Wow is not far off and we will be needing bakery.

Our Treasurer and Sunshine Girl have resigned. Ellen will resume the Treasurer duties and Louise will take over the Sunshine duties.

We have 18 people wanting to go on the Ho-Chunk trip, most have paid the refundable fee.

Sunshine Lemieux was one of our speakers. She said that if you are on Trust land and do not have a will, your land will go the oldest child. Spouses cannot inherit your land even if your spouse is LCO – if you don't have a will. If your spouse is not LCO, land can go out of Trust – Bottom Line – Do a will.

Mary Wolf was another of our speakers. Mary discussed the 3-year Aging Plan. There is a survey that gives us an opportunity to give suggestions.

August birthdays were recognized. Early Bird was won by Ellen, the 50x50 was won by Mona.

## **NUTRITIONAL MOMENT**

A quick breakfast or snack  
One sandwich

- 1 light multigrain English muffin such as Thomas brand
- 1 frozen cooked turkey sausage patty such as Jimmy Dean brand
- 1 slice reduced-fat sharp cheddar cheese
- 2 teaspoons low-sugar orange marmalade

Split and toast English muffin. Meanwhile, microwave the sausage patty according to package directions. Place cheese on warm muffin and top with sausage patty. Add marmalade.

Per serving: 229 cal., 8g fat, 38mg chol., 612mg sodium, 33g carb, 15g pro.



**MINO DIBISHKAA**  
**HAPPY BIRTHDAY WISHES!**  
**BEST WISHES FROM THE LCO ELDER'S ASSOCIATION!**

Daryl Coons 9/02, Ruby Roberts 9/02, Louis Gouge 9/10, Phyllis Wolf 9/11, Sandra Rivera 9/14, Oliver DeMarrSr. 9/17, Frank King 9/17, Geneva Isham 9/18, Al Baker 9/21, Alvin Froemel 9/21, Eugene Bisonette 9/26, Ellen Gordon 9/29, Duane Isham 9/30.

A Tribal Governing Board member is also having a birthday this month. Not an elder, but an elder in training, so wish Jason Weaver Happy Birthday on the 30<sup>th</sup>.

**Elder Council Election**

The Elder Council Election was originally scheduled for September 26<sup>th</sup>. The General Membership meeting has been scheduled for that date. The Election is rescheduled for October 10, 2015.

**DID YOU KNOW**

When you leave the cap off your marker, you can possibly revive it. Just add a few drops of vinegar to the tip. Vinegar remoistens the sponge without diluting the ink's color.

**Information Alert for elders with wood burning furnaces!**

Faith Smith

The tribe has increased the amount to be charged for wood, effective immediately. The cost of 5 cords of wood is now \$200; the cost of 10 cords of wood is \$350 – for LCO elders who live on the reservation, only. This price is one third of the cost on the open market and includes delivery. So it is still a good deal for our elders who have fixed incomes.

Reservations for the purchase and delivery of wood should be made now. A form is available from Dolly Rusk at Conservation or Terrance at the Elder Center and is attached here. Once the full payment is made to the Accounting Department at the Tribal Office, the completed form must be returned to Conservation. Please call Dolly Rusk at the Conservation Department for further information. (715/634-0102)

**Firewood Home Delivery Eligibility Verification Form**  
**2015/2016 Season**

As of this date, \_\_\_\_\_, the LCO Tribal Member listed below is eligible for the Firewood Home Delivery Program.

Name: \_\_\_\_\_ Tribal ID #: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

The member is applying for the following order:

- Elder/Disabled 5 Cords \$200.00
- Elder/Disabled 10 Cords \$350.00
- Regular Load 5 Cords \$350.00
- Regular Load 10 Cords \$600.00

The Tribal Member must pay the corresponding fee to the LCO Accounting Department and bring the receipt and this form to the LCO Conservation Department. Orders must be paid in full before the order will be delivered. LCO Tribal Members who are employees for the Tribe may make payments via payroll deduction at a minimum of \$25.00 per week.

Please feel free to call the LCO Conservation Department with any questions at 715-634-0102.

\*Copy of Tribal ID Here\*

**NOTEWORTHY**

Mona ingerson

School opened on August 24<sup>th</sup>. I attended the Cedar Pole Ceremony as I usually do. This year, they did something different. The school provided a teaching moment. They had an assembly to welcome everyone and then members of the Cultural staff explained the purpose of the Cedar Pole and the ways we should use tobacco. We then went outside for the ceremony. It was very nice and I hope they continue this way of welcoming the students.

The casino now has parking designated for Tribal Elders!!!. They are above the Handicapped signs, there are 5 of them. I saw Dulcie Wolf and thanked her for the signs and suggested that there be some spaces for those elders who are not handicapped. She said it is for Either/Or. Progress!!

The Conservation Department will begin to issue Hunting Licenses on 8/31. You must present a current and valid Tribal ID. Anyone born after January 1, 1977, must have completed a Hunter's Safety class to receive a license. No exceptions.

## **JOKES & INTERESTING TALES & STORIES**

### DAMNED FAIRIES

40 years of marriage..

A married couple in their early 60s are celebrating their 40th wedding anniversary in a quiet, romantic little restaurant. Suddenly, a tiny yet beautiful fairy appeared on their table. She said, 'For being such an exemplary married couple and for being loving to each other for all this time, I will grant you each a wish.'

The wife answered, 'Oh, I want to travel around the world with my darling husband.'

The fairy waved her magic wand and - poof! - two tickets for the Queen Mary II appeared in her hands.

The husband thought for a moment: 'Well, this is all very romantic, but an opportunity like this will never come again. I'm sorry my love, but my wish is to have a wife 30 years younger than me.'

The wife, and the fairy, were deeply disappointed, but a wish is a wish.!

So the fairy waved her magic wand and poof!...

The husband became 92 years old.

The moral of this story: Men who are ungrateful bastards should remember fairies are female .....

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She was in the bathroom, putting on her makeup, under the watchful eyes of her young granddaughter, as she'd done many times before. After she applied her lipstick and started to leave, the little one said, "But Grandma, you forgot to kiss the toilet paper good-bye!" I will probably never put lipstick on again without thinking about kissing the toilet paper good-bye.

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My young grandson called the other day to wish me Happy Birthday. He asked me how old I was, and I told him, "80". My grandson was quiet for a moment, and then he asked, "Did you start at 1?"

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Two Patrolman call the Police station on the radio.

"Yes?"

"We have a case here.

A woman has shot her husband for stepping on the floor she had just mopped clean."

"Have you arrested the woman?"

NO!

The floor is still wet."

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### The Outhouse Story

Once there was a little boy who lived in the country. The family still used an outhouse, and the little boy hated it because it was so hot in the summer, freezing cold in the winter and stank all the time. The outhouse was sitting on the bank of a creek and the boy was determined that one day he would push that old outhouse straight into the creek.

So, one day after a spring rain, the creek was swollen and the little boy decided today was the day to push the outhouse into the creek. He found a large pole and started pushing. Finally, after much effort, the outhouse toppled into the creek and floated away.

That night his dad told him they were going to the woodshed after supper. The boy knew that meant a spanking, so he asked why.

The dad replied, "Someone pushed the outhouse into the creek today. It was you, wasn't it son?"

The boy answered yes. Then he thought a moment and said, "Dad, I read in school today that George

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Washington chopped down a cherry tree and didn't get into trouble because he told the truth.....

The dad replied, "Well, son, George Washington's father probably wasn't in the cherry tree."

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Sometimes when I open my mouth, my mother comes out!

Nothing is really lost until your mother can't find it.

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You can lead a human to knowledge but you can't make them think!!

We should work on solving problems instead of complaining how bad things are; then they wouldn't be so bad.

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**DATES TO REMEMBER:**

**September 8 – Constitution Revision meeting 2 p.m. TGB office**

**September 12 – Elder Council Meeting 10 a.m. Loft**

**September 24– Chippewa Federation meeting 9 a.m. Red Cliff**

- Medicare/Medicaid Information 10-2 TGB office-Lunch

**October 7 – LCO Elders Association meeting 10:30 a.m. Convention Center**

**Dancing at the Casino Lounge: Shake a Leg or Tap a Toe**

**September 6 – Scott Cohn – DJ**

**September 13 – Scott Cohn – DJ**

**September 20 – Second Time Around**

**SEE YOU NEXT MONTH☺**